



January 8–15, 2017

WEEKLY GUIDE TO RECREATION, ENTERTAINMENT AND DINING

SUNDAY, JANUARY 8

9 a.m.	Sunday Service in the Cloister Chapel Tennis Clinic: Intermediate to Advanced 638-5168 Beach Horseback Ride 434-4760 Guided Kayak Fishing 3-Hour Tour at Rainbow Island 638-5145	10 a.m.	Family Salt Marsh Kayaking 638-5145	1 p.m.	Family Salt Marsh Kayaking 638-5145 Beach Horseback Ride 434-4760 Stand-Up Paddleboard Salt Marsh Nature Tour 638-5145
9:30 a.m.	Marsh Horseback Rides at Rainbow Island 434-4760	11 a.m.	Beach Horseback Ride 434-4760 Tennis Clinic: Intermediate to Advanced 638-5168	1:30 p.m.	Marsh Horseback Rides at Rainbow Island 434-4760
10 a.m.	Tiny Tykes Stables Tour & Ride 434-4760 Tennis Clinic: Intermediate to Advanced 638-5168	11:30 a.m.	Marsh Horseback Rides at Rainbow Island 434-4760	4 p.m.	R&R Yoga 634-4442
		12–4 p.m.	The Cloister Ocean Residences (shown by appointment) 634-4351	5–6 p.m.	Bagpiper at The Lodge
		1 p.m.	Family Golf Clinic 638-5119 Guided Kayak Fishing 2-Hour Tour at Rainbow Island 638-5145	6–9 p.m.	★ Live Music in the Colonial Lounge

MONDAY, JANUARY 9

6 a.m.	Cycle Circuit Fitness Class 634-4442	9:30 a.m.	● Camp Cloister (Ages 3–14) 638-5111	1 p.m.	Salt Marsh Nature Tour 638-5145 Guided Kayak Fishing 2-Hour Tour at Rainbow Island 638-5145
8 a.m.	Straight-Up Strength 634-4442	10 a.m.	Family Salt Marsh Kayaking 638-5145 Yoga Foundations 634-4442 Tennis Clinic: Intermediate to Advanced 638-5168	1:30 p.m.	Marsh Horseback Rides at Rainbow Island 434-4760
8:30 a.m.	● Aqua Fit at the Sea Island Beach Club 634-4442	11 a.m.	Beach Horseback Ride 434-4760 Pilates Reformer Class 634-4442 Tennis Clinic: Intermediate to Advanced 638-5168	2 p.m.	Beginner's Archery
9 a.m.	● Birding Tour on Golf Cart 638-5111 Cycle Circuit Fitness Class 634-4442 Adult Golf Clinic 638-5119 Tennis Clinic: Intermediate to Advanced 638-5168 Pilates Reformer Class 634-4442 Beach Horseback Ride 434-4760 Intro to Clay Target Shooting 638-5839 Guided Kayak Fishing 3-Hour Tour at Rainbow Island 638-5145	11:15 a.m.	Barre Fitness Class 634-4442	3 p.m.	● Birding Excursion with Naturalist 638-5111
9 a.m.–5 p.m.	The Cloister Ocean Residences (shown by appointment) 634-4351	11:30 a.m.	Marsh Horseback Rides at Rainbow Island 434-4760	3:30 p.m.	Sea Island Tennis Academy Rising Stars 638-5168
9:30 a.m.	Marsh Horseback Rides at Rainbow Island 434-4760	12 p.m.	Cardio Reformer Class 634-4442	4 p.m.	Air Rifle Bull's-Eye Hour 638-5839 Pilates Reformer Class 634-4442
		1 p.m.	Family Salt Marsh Kayaking 638-5145 Beach Horseback Ride 434-4760 Stand-Up Paddleboard	4:30 p.m.	Sea Island Tennis Academy Elite–Advanced Juniors 638-5168
				5–6 p.m.	Bagpiper at The Lodge
				5:30 p.m.	Mind, Body, Stretch 634-4442
				6:30 p.m.	Bagpiper Lessons 638-5111

TUESDAY, JANUARY 10

8 a.m.	Intermediate Yoga 634-4442 HIIT Fitness Class 634-4442	10 a.m.	Mind, Body, Strength 634-4442 Tennis Clinic: Intermediate to Advanced 638-5168 Tiny Tykes Stables Tour & Ride 434-4760 Salt Marsh Yacht Cruise 638-5145	1 p.m.	Guided Kayak Fishing 2-Hour Tour at Rainbow Island 638-5145 Complimentary Dock Fishing at the Yacht Club Stand-Up Paddleboard Salt Marsh Nature Tour 638-5145
8:30 a.m.	Shallow Water Aerobics 634-4442	11 a.m.	● Marsh Habitat and Wildlife Walk 638-5111 Beach Horseback Ride 434-4760 Tennis Clinic: Intermediate to Advanced 638-5168	1:30 p.m.	Marsh Horseback Rides at Rainbow Island 434-4760
9 a.m.	● Wildlife & History Bike Tour 638-5111 Pilates Reformer Class 634-4442 Tennis Clinic: Intermediate to Advanced 638-5168 Beach Horseback Ride 434-4760 Guided Kayak Fishing 3-Hour Tour at Rainbow Island 638-5145 “Give it a Shot” at the Shooting School 638-5839	11:15 a.m.	Heated Yoga 634-4442	3 p.m.	Salt Marsh Dolphin Tour 638-5145
9 a.m.–5 p.m.	The Cloister Ocean Residences (shown by appointment) 634-4351	11:30 a.m.	Marsh Horseback Rides at Rainbow Island 434-4760	3:30 p.m.	Sea Island Tennis Academy Rising Stars 638-5168 ● Under-the-Sea Workshop 638-5111
9:30 a.m.	● Camp Cloister (Ages 3–14) 638-5111 Marsh Horseback Rides at Rainbow Island 434-4760	1 p.m.	Fish Dissection and Dock Fishing 638-5111 Beach Horseback Ride 434-4760 Family Salt Marsh Kayaking 638-5145	4 p.m.	Air Rifle Bull's-Eye Hour 638-5839
10 a.m.	Family Salt Marsh Kayaking 638-5145			4:30 p.m.	Sea Island Tennis Academy Elite–Advanced Juniors 638-5168
				5–6 p.m.	Bagpiper at The Lodge
				5:30 p.m.	Indoor Cycle Fitness Class 634-4442

WEDNESDAY, JANUARY 11

6 a.m.	Wake-Up Call Fitness Class	634-4442
8 a.m.	Straight-Up Strength Fitness Class	634-4442
	Heated Yoga	634-4442
8:30 a.m.	• Aqua Fit at the Sea Island Beach Club	634-4442
9 a.m.	• Eco Tour	638-5111
	• Wildlife & History Bike Tour	638-5111
	Adult Golf Clinic	638-5119
	Tennis Clinic: Intermediate to Advanced	638-5168
	Beach Horseback Ride	434-4760
	Pilates Reformer Class	634-4442
	Guided Kayak Fishing 3-Hour Tour at Rainbow Island	638-5145
	"Give it a Shot" at the Shooting School	638-5839
9 a.m.–5 p.m.	The Cloister Ocean Residences (shown by appointment)	634-4351
9:30 a.m.	• Camp Cloister (Ages 3–14)	638-5111
	Marsh Horseback Rides at Rainbow Island	434-4760
10 a.m.	Yoga Foundations	634-4442
	Family Salt Marsh Kayaking	638-5145

10 a.m.	Tennis Clinic: Intermediate to Advanced	638-5168
	Tiny Tykes Stables Tour & Ride	434-4760
11 a.m.	• Marsh Habitat and Wildlife Walk	638-5111
	Pilates Reformer Class	634-4442
	Beach Horseback Ride	434-4760
	Cloister Kitchen and Wine Cellar Tour	638-5111
	Annie Oakley Shooting Hour for Ladies	638-5839
	Tennis Clinic: Intermediate to Advanced	638-5168
11:15 a.m.	Barre Fitness Class	634-4442
11:30 a.m.	Marsh Horseback Rides at Rainbow Island	434-4760
12 p.m.	Cardio Pilates Reformer Fitness Class	634-4442
1 p.m.	Family Salt Marsh Kayaking	638-5145
	Beach Horseback Ride	434-4760
	Guided Kayak Fishing 2-Hour Tour at Rainbow Island	638-5145
	Stand-Up Paddleboard	
	Salt Marsh Nature Tour	638-5145

1:30 p.m.	Marsh Horseback Rides at Rainbow Island	434-4760
2 p.m.	Beginner's Archery	638-5111
3 p.m.	Bake Shop Cookie Demo	638-5111
	• Birding Excursion with Naturalist	638-5111
3:30 p.m.	Sea Island Tennis Academy Rising Stars	638-5168
4 p.m.	Air Rifle Bull's-Eye Hour	638-5839
	Pilates Reformer Class	634-4442
4:30 p.m.	Sea Island Tennis Academy Elite–Advanced Juniors	638-5168
5–6 p.m.	Bagpiper at The Lodge	
5:30 p.m.	Mind, Body, Stretch	634-4442
8–10 p.m.	Owen Plant in the Estro Lounge	

THURSDAY, JANUARY 12

8 a.m.	Intermediate Yoga	634-4442
	Cycle Sculpt Fitness Class	634-4442
8:30 a.m.	Shallow Water Aerobics	634-4442
9 a.m.	• Wildlife & History Bike Tour	638-5111
	Pilates Reformer Class	634-4442
	Tennis Clinic: Intermediate to Advanced	638-5168
	Zumba® Fitness Class	634-4442
	Beach Horseback Ride	434-4760
	Intro to Clay Target Shooting	638-5839
	Guided Kayak Fishing 3-Hour Tour at Rainbow Island	638-5145
9 a.m.–5 p.m.	The Cloister Ocean Residences (shown by appointment)	634-4351
9:30 a.m.	• Camp Cloister (Ages 3–14)	638-5111
	Marsh Horseback Rides at Rainbow Island	434-4760
10 a.m.	Salt Marsh Yacht Cruise	638-5145
	Nutrition for Life	634-4442

10 a.m.	Tennis Clinic: Intermediate to Advanced	638-5168
	Tiny Tykes Stables Tour & Ride	434-4760
	Pilates Mat Work	634-4442
	Family Salt Marsh Kayaking	638-5145
11 a.m.	• Marsh Habitat and Wildlife Walk	638-5111
	Beach Horseback Ride	434-4760
	Tennis Clinic: Intermediate to Advanced	638-5168
	• Mini-Sea Island Junior Naturalist	638-5111
11:30 a.m.	Marsh Horseback Rides at Rainbow Island	434-4760
1 p.m.	Family Salt Marsh Kayaking	638-5145
	Guided Kayak Fishing 2-Hour Tour at Rainbow Island	638-5145
	Beach Horseback Ride	434-4760
	Fish Dissection and Dock Fishing	638-5111

1 p.m.	Wine or Beer Tasting	638-5111
	Stand-Up Paddleboard	
	Salt Marsh Nature Tour	638-5145
1:30 p.m.	Marsh Horseback Rides at Rainbow Island	434-4760
3 p.m.	Salt Marsh Dolphin Tour	638-5145
	Cooking Demo	638-5111
3:30 p.m.	Sea Island Tennis Academy Rising Stars	638-5168
4 p.m.	Air Rifle Bull's-Eye Hour	638-5839
	Sunset Kayak at Rainbow Island	638-5145
4:30 p.m.	Sea Island Tennis Academy Elite–Advanced Juniors	638-5168
5–6 p.m.	Bagpiper at The Lodge	
6–9 p.m.	★ Live Music in the Colonial Lounge	

FRIDAY, JANUARY 13

6 a.m.	Row Fit Fitness Class	634-4442
8 a.m.	Straight Up Strength	634-4442
8:30 a.m.	• Aqua Fit at the Sea Island Beach Club	634-4442
9 a.m.	Adult Golf Clinic	638-5119
	• Birding Tour on Golf Cart	638-5111
	Tennis Clinic: Intermediate to Advanced	638-5168
	Pilates Reformer Class	634-4442
	Beach Horseback Ride	434-4760
	Guided Kayak Fishing 3-Hour Tour at Rainbow Island	638-5145
	Indoor Cycle Fitness Class	634-4442
9 a.m.–5 p.m.	The Cloister Ocean Residences (shown by appointment)	634-4351
9:15 a.m.	Mind, Body, Meditation	634-4442
9:30 a.m.	• Camp Cloister (Ages 3–14)	638-5111
	Marsh Horseback Rides at Rainbow Island	434-4760
10 a.m.	Yoga Foundations	634-4442
	Tennis Clinic: Intermediate to Advanced	638-5168
	Tiny Tykes Stables Tour & Ride	434-4760
	Family Salt Marsh Kayaking	638-5145

10:15 a.m.	Junior Golf Clinic	638-5119
11 a.m.	Mind, Body, Strength	634-4442
	Beach Horseback Ride	434-4760
	• Marsh Habitat and Wildlife Walk	638-5111
	Tennis Clinic: Intermediate to Advanced	638-5168
	Pilates Reformer Class	634-4442
11:15 a.m.	Teen Golf Clinic	638-5119
11:30 a.m.	Marsh Horseback Rides at Rainbow Island	434-4760
12 p.m.	Kayak Shore Lunch	638-5145
1 p.m.	Guided Kayak Fishing 2-Hour Tour at Rainbow Island	638-5145
	Family Salt Marsh Kayaking	638-5145
	Fish Dissection and Dock Fishing	638-5111
	Beach Horseback Ride	434-4760
	Stand-Up Paddleboard	
	Salt Marsh Nature Tour	638-5145
1 p.m.		
1:30 p.m.	Marsh Horseback Rides at Rainbow Island	434-4760
3:30 p.m.	Sea Island Tennis Academy Rising Stars	638-5168
	• Under-the-Sea Workshop	638-5111

4 p.m.	Targets for Teens	638-5839
	Air Rifle Bull's-Eye Hour	638-5839
	Adult Pre-Dinner Cruise on the Cloister Belle	638-5145
4:30 p.m.	Sea Island Tennis Academy Elite–Advanced Juniors	638-5168
5 p.m.	★ Geopolitical Conference Speakers	
	<i>See Special Events section for details.</i>	
	Heated Yoga	634-4442
5–6 p.m.	Bagpiper at The Lodge	
5:30 p.m.	★ Family Fun Friday at Davis Love Grill	
	<i>Bring your families to Davis Love Grill for a night of family fun. The kid's buffet will feature all of their favorites. This is the perfect way to start your weekend! Reservations not required.</i>	
6 p.m.	• Kids' Night Out	638-5111
6–9 p.m.	★ Live Music in the Colonial Lounge	
7:30 p.m.	★ An Intimate Dinner with Geopolitical Conference Speakers	
	<i>See Special Events section for details.</i>	

• Requires Sea Island Beach Club Access Kids' or Family Activities ★ Special Event

RESERVATIONS REQUIRED for all activities with a phone number associated unless otherwise noted. Please refer to the Planning Guide for more activity details and prices or contact the Concierge at ext. 5377. Use area code 912 for all numbers listed above.

8 a.m.	Intermediate Yoga	634-4442
9 a.m.	Adult Golf Clinic	638-5119
	Tennis Clinic: Intermediate to Advanced	638-5168
	Pilates Reformer Class	634-4442
	Beach Horseback Ride	434-4760
	Indoor Cycle Fitness Class	634-4442
	Guided Kayak Fishing 3-Hour Tour at Rainbow Island	638-5145
	• Eco Tour	638-5111
9 a.m.–12 p.m.	★ Broadfield Half-Day Continental Pheasant Shoot <i>See Special Events section for details.</i>	
9:15 a.m.	Load-Up Fitness Class	634-4442
9:30 a.m.	Marsh Horseback Rides at Rainbow Island	434-4760
	• Camp Cloister (Ages 3–14)	638-5111
10 a.m.	Barre Fitness Class	634-4442
	Salt Marsh Yacht Cruise	638-5145
	Tiny Tykes Stables Tour & Ride	434-4760

10 a.m.	Tennis Clinic: Intermediate to Advanced	638-5168
	Family Salt Marsh Kayaking	638-5145
10 a.m.–2 p.m.	★ Southern Grown Farmers Market at The Market <i>See Special Events section for details.</i>	
10 a.m.–4 p.m.	The Cloister Ocean Residences (shown by appointment)	634-4351
10:15 a.m.	Junior Golf Clinic	638-5119
	Hard 'Core' Fitness Class	634-4442
11 a.m.	Tennis Clinic: Intermediate to Advanced	638-5168
	Pilates Reformer Class	634-4442
	Beach Horseback Ride	434-4760
11:15 a.m.	Teen Golf Clinic	638-5119
11:30 a.m.	Marsh Horseback Rides at Rainbow Island	434-4760
1 p.m.	Guided Kayak Fishing 2-Hour Tour at Rainbow Island	638-5145
	Family Salt Marsh Kayaking	638-5145
	Beach Horseback Ride	434-4760

1 p.m.	Stand-Up Paddleboard Salt Marsh Nature Tour	638-5145
1–4 p.m.	★ Geopolitical Conference Speakers <i>See Special Events section for details.</i>	
1:30 p.m.	Marsh Horseback Rides at Rainbow Island	434-4760
3 p.m.	Salt Marsh Dolphin Tour	638-5145
3:30 p.m.	Sea Island Tennis Academy Rising Stars	638-5168
	• Cookie Cutters	638-5111
4 p.m.	Air Rifle Bull's-Eye Hour	638-5839
	Sunset Kayak at Rainbow Island	638-5145
	Family Pre-Dinner Cruise on The Cloister Belle	638-5145
4:30 p.m.	Sea Island Tennis Academy Elite	638-5168
5–6 p.m.	Bagpiper at The Lodge	
6 p.m.	• Kids' Night Out	638-5111
6–9 p.m.	★ Live Music in the Colonial Lounge	

9 a.m.	Sunday Service in the Cloister Chapel	
	Tennis Clinic: Intermediate to Advanced	638-5168
	Beach Horseback Ride	434-4760
	Guided Kayak Fishing 3-Hour Tour at Rainbow Island	638-5145
9:30 a.m.	Marsh Horseback Rides at Rainbow Island	434-4760
10 a.m.	Tiny Tykes Stables Tour & Ride	434-4760
	Tennis Clinic: Intermediate to Advanced	638-5168

10 a.m.	Family Salt Marsh Kayaking	638-5145
11 a.m.	Beach Horseback Ride	434-4760
	Tennis Clinic: Intermediate to Advanced	638-5168
11:30 a.m.	Marsh Horseback Rides at Rainbow Island	434-4760
12–4 p.m.	The Cloister Ocean Residences (shown by appointment)	634-4351
1 p.m.	Family Golf Clinic	638-5119
	Guided Kayak Fishing 2-Hour Tour at Rainbow Island	638-5145

1 p.m.	Family Salt Marsh Kayaking	638-5145
	Beach Horseback Ride	434-4760
	Stand-Up Paddleboard Salt Marsh Nature Tour	638-5145
1:30 p.m.	Marsh Horseback Rides at Rainbow Island	434-4760
4 p.m.	R&R Yoga	634-4442
5–6 p.m.	Bagpiper at The Lodge	
6–9 p.m.	★ Live Music in the Colonial Lounge	

SPECIAL EVENTS

★ Sea Island Geopolitical Conference Friday, January 13–Saturday, January 14

This conference brings together political and economic experts from the U.S. and the UK in a two-day program of panel discussions and inspirational talks exploring the geopolitical challenges of 2017. The conference is curated by Simon Jacot, founder of Forum.

Friday, January 13
The Cloister Clubroom
5 p.m. Doors open. Cash bar.
5:30 p.m. Dr. Jamie Metz

An Intimate Dinner with Geopolitical Speakers The Cloister Clubroom Friday, January 13, 7:30 p.m.

Get to know the conference speakers personally during this three-course dinner.
\$95/person. Cash bar.

Saturday, January 14 The Cloister Ballroom

1 p.m. Mark Thompson
2 p.m. Ambassador Dan Feldman
3 p.m. Panel Discussion: Chaired by Oliver Cornock with all speakers. Book signing to follow panel discussion.

Reservations required for each day of lectures and dinner,
912-638-5111.

★ Broadfield Half-Day Continental Pheasant Shoot Saturday, January 14, 9 a.m.–12 p.m.

A half-day of high-flying live bird action. Shooting begins at 9 a.m. with lunch to follow. Space is limited. Up to two shooters per blind. \$660/blind. For more information and reservations call, 912-510-0030.

★ Southern Grown Farmers Market Saturday, January 14, 10 a.m.–2 p.m.

Enjoy live music as you visit our local artists, shop for Southern products, fresh baked goods, and produce. Reservations not required.

SAVE THE DATE

★ Creativity Conference Friday, February 17–Saturday, February 18

Feed your inspiration and ideas. Engage with extraordinary thinkers and innovators from the arts, sciences, and media during Sea Island's very own creativity weekend. The two-day program includes talks, Q&A, and socializing with visionaries across many different fields. For program schedule and conference speakers, please visit
www.seaisland.com/whats-happening
Reservations required, 912-638-5111.

DINING GUIDE

From casual to fine dining, Sea Island's exceptional dining venues – including the Forbes Five-Star Georgian Room – offer cuisine to satisfy every taste.

THE CLOISTER

Estro \$\$\$

- A fusion of rustic Italian and refined Southern cuisine
- Lunch: 11:30 a.m.–3 p.m., Monday–Thursday
- Dinner: 5:30–9 p.m., daily

Estro Lounge \$\$\$

- Small bites and cocktails
- 5:30–9 p.m., daily

Estro Breakfast \$\$

- 7–10:30 a.m., daily

The Cloister Library

- Morning coffee: 6–10 a.m., daily

River Bar \$\$\$

- A Classic Brasserie
- Lunch: 11 a.m.–5 p.m., daily
- Dinner: 5–10 p.m., daily Δ
- Bar: 11 a.m.–11 p.m., Monday–Saturday
12:30–10 p.m., Sunday

In-Room Dining

- Available 24 hours, daily

Cloister Adult Pool \$

- 11 a.m.–dusk, daily

Solarium

- Complimentary afternoon served
3–5 p.m. daily

Georgian Room, Georgian Room Lounge, & Tavola

- Closed January and February

SEA ISLAND BEACH CLUB

Southern Tide \$\$\$

- A Taste of Coastal Georgia
- Lunch: 11:30 a.m.–2 p.m., Thursday–Sunday
- Dinner: 6–8 p.m., Friday–Saturday Δ
- Closed Monday–Wednesday

Wonderland \$

- Closed January and February

THE MARKET

- Local Mercantile and Deli Café serving Breakfast, Lunch, and Dinner Take 'n' Bake items
- 8 a.m.–5 p.m., Monday–Saturday
- Closed Sunday

FIT FUEL CAFÉ

- Healthy Eating On-The-Go
- 8 a.m.–2 p.m., daily, closed Sunday

THE INN AT SEA ISLAND

Irons at The Inn \$

- A Casual Pub Experience
- Breakfast: 6:30–10 a.m., daily
- Happy Hour: 5–7 p.m., daily
- Bar: 5–11 p.m., daily
- Closed Sunday and Monday

R Reservations are required.

Δ Reservations are recommended.

THE LODGE

Colt & Alison \$\$\$\$ R

- A Southern-Inspired Steak House
- Dinner: 6–9 p.m., Thursday–Sunday
- Closed Monday–Wednesday

Oak Room \$\$\$

- An Oceanfront Tavern with Golf Course Views
- Breakfast: 7–10:30 a.m., Thursday–Sunday
- Lunch: 12–2:30 p.m., Wednesday
11:30 a.m.–2:30 p.m., Thursday–Sunday
- Limited Menu: 2:30–5 p.m., Wednesday–Sunday
- Dinner: 5–10 p.m., Wednesday–Sunday Δ
- Sunday Brunch (à la carte): 11:30 a.m.–2:30 p.m.
• Closed Monday–Tuesday

Men's Locker Room \$

- Lunch: 12–2 p.m., Wednesday
11:30 a.m.–2 p.m., Thursday–Sunday
- Bar: 12–6 p.m., Wednesday
11 a.m.–6 p.m., Thursday–Sunday
- Closed Sunday–Tuesday

RETREAT

Davis Love Grill \$\$

- A Casual Spot, with pub fare and sports action
- Lunch: 11 a.m.–5 p.m., Thursday–Saturday
- Dinner: 5–9 p.m., Thursday–Saturday
- Sunday Southern Buffet: 11 a.m.–3 p.m.
• Closed Monday–Wednesday

FOR DINING RESERVATIONS,
CALL 912-638-5111

RESORT DRESS CODE & CANCELLATION POLICY

For The Cloister: Georgian Room (breakfast), Estro and River Bar:

- Before 5 p.m., casual attire is acceptable. Tank tops, swim and fitness attire are not permitted. Flip flops are acceptable in Estro and River Bar.
- After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim is acceptable. Tank tops, swim and fitness attire are not permitted. Flip flops are acceptable in Estro and River Bar.

Southern Tide:

- All Day: Casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover-ups and footwear required (Flip flops acceptable).

The Lodge and Retreat: Colt & Alison (breakfast), Oak Room Bar, Men's Locker Room and Davis Love Grill:

- Before 5 p.m., casual attire is acceptable. Tank tops, swim and fitness attire are not permitted. Flip flops permitted in Davis Love Grill only.

- After 5 p.m., a collared shirt is required for gentlemen. A jacket is recommended at Colt & Alison, but not required. Well-kept denim is acceptable. Tank tops, swim and fitness attire are not permitted. Flip flops permitted in Davis Love Grill only.

Appropriate Attire for Formal Dining and Formal Events:

- After 5:00 p.m., a jacket, collared shirt, slacks or well-kept denim, is required for gentlemen and boys over eight. Jackets are requested to remain on for the duration of the dining or event experience. Cocktail attire recommended for ladies.

Colt & Alison

- After 5:00 p.m., a collared shirt is required for gentlemen, jacket is recommended but not required. Well-kept denim is acceptable. Cocktail attire recommended for ladies.

Appropriate Hat Wear:

- Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in

outdoor bar venues. Women are permitted to wear venue appropriate hats and caps, i.e. athletic caps, prior to 5:00 p.m., and dressier hats before or after 5:00 p.m.

Resort Cancellation Policy:

Events and activities (including Yacht Club, Fitness, Tennis, Spa, Golf, Shooting School, Camp Cloister, Bingo, and Equestrian) require 24-hour notice of cancellation. Dining requires cancellations to be made 6 hours prior to reservation. Broadfield requires cancellations to be made 72 hours prior to reservation. Failure to cancel within the noted time frame will result in a \$25/person charge (horseback riding and Broadfield will be charged the full cost of the activity). All no-show reservations, that are not canceled, will be charged the full rate of the event or activity (dining and Bingo will be charged \$25/person).

HOURS OF OPERATION

FITNESS CENTER

Monday–Thursday, 6 a.m.–8 p.m.
Friday and Saturday, 6 a.m.–7 p.m.
Sunday, 7 a.m.–7 p.m.

FIT FUEL CAFÉ

Monday–Saturday, 8 a.m.–2 p.m.

GOLF PRO SHOP AT THE LODGE

Daily, 7 a.m.–7 p.m.

GOLF PRO SHOP AT RETREAT

Daily, 7 a.m.–6 p.m.

GOLF PERFORMANCE CENTER

Daily, 7:30 a.m.–6:30 p.m.

THE CLOISTER TENNIS CENTER

Monday–Sunday, 8:30 a.m.–6 p.m.

PERFORMANCE THERAPY CENTER AT THE LODGE

Tuesday–Saturday, 8 a.m.–6 p.m.

PETER MILLAR COLLECTION

Daily, 10 a.m.–6 p.m.

REAL ESTATE

SEA ISLAND PROPERTIES
Monday–Saturday, 9 a.m.–5 p.m.
Sunday, 1–5 p.m.

THE CLOISTER OCEAN RESIDENCES

Monday–Friday, 9 a.m.–5 p.m.
Saturday, 10 a.m.–4 p.m.
Sunday, Noon–4 p.m.

SPA & SALON

Monday–Saturday, 9 a.m.–6 p.m.
Sunday, 11 a.m.–5 p.m.

SPATIQUE

Monday–Saturday, 9 a.m.–6 p.m.,
Sunday, 11 a.m.–5 p.m.

SHOOTING SCHOOL

Monday–Saturday, 9 a.m.–5 p.m.

SEA ISLAND KIDS' SHOP

Daily, 9 a.m.–6 p.m.

SURF SHOP AT SEA ISLAND BEACH CLUB

Daily, 9 a.m.–6 p.m.

THE CLOISTER SHOP

Daily, 9 a.m.–8 p.m.

THE STABLES AT FREDERICA

Daily, 8 a.m.–5 p.m.

YACHT CLUB

Daily, 9 a.m.–5 p.m.