

PLANNING GUIDE

December 2017

Sea Island



THE ONLY RESORT IN THE WORLD TO RECEIVE FOUR
FORBES FIVE-STAR AWARDS FOR NINE CONSECUTIVE YEARS

DINING

Please refer to This Week at Sea Island for hours of operation. Dining Attire and Cancellation Policy can be found in the back of this guide.

THE CLOISTER

Georgian Room, *A Southern-refined dining experience, the only Forbes Five-Star restaurant in Georgia. \$\$\$\$\$*

Georgian Room Lounge, *Lite bites and craft cocktails, \$\$*

Tavola, *A rustic eatery where the simplicity of the cuisine and extensive wine collection are impeccably blended with the soul of Italy. \$\$\$*

River Bar and Lounge, *A classic brasserie with panoramic views of the Black Banks River, \$\$\$*

Cloister Adult Pool, *A casual offering in the comfort of your pool chair. \$\$*

In-Room Dining, *Available 24-hours, \$\$*

Join us daily for complimentary morning coffee and afternoon refreshments in the Solarium.

BEACH CLUB

Southern Tide, *Sea Island's beach-front restaurant, offering fresh and local seafood with a strong southern influence. \$\$*

Snack Shack, *A Casual Poolside Cafe, \$*

Pool Service and Beach Bar, *An al fresco dining experience poolside, \$*

Wonderland, *The Sea Island Ice Cream and Sweet Shop featuring a variety of candies and ice creams. \$*

THE LODGE

Colt & Alison, *A Southern-inspired steakhouse in a charming and intimate setting. Featuring incomparable cuts of USDA Prime wet- and dry-aged beef. \$\$\$\$*

Oak Room, *An oceanfront tavern with golf course views, offering a broad range of southern favorites. \$\$\$*

Men's Locker Room, *A casual lunch venue in what is considered by many as "the greatest locker room in golf." \$\$*

Sweeten the sounds of the nearby bagpiper with an imaginative cocktail or glass of single-malt Scotch. Bagpiper plays daily, 5-6 p.m.

RETREAT

Davis Love Grill, *A casual spot, featuring pub fare and sports action, \$\$*

THE INN AT SEA ISLAND

Irons at The Inn, *A pub experience in the casual setting of The Inn. \$*

SEA MARSH

The Market at Sea Island, *Local Mercantile and Deli Café, \$*

For reservations, call 912-638-5111 or ext. 5111.

GOLF PLAY & INSTRUCTION

Play on three championship courses, including Seaside and Plantation, sites of the PGA TOUR's RSM Classic, and Retreat.

18-hole rate includes greens and cart fees, range balls, forecaddie, and club cleaning. Tax and gratuity are additional.

SEASIDE COURSE

18 Holes— \$235

9 Holes (after 3 p.m.)— \$120

Replay Rate— \$130

PLANTATION COURSE

18 Holes— \$185

9 Holes (after 3 p.m.)— \$95

Replay Rate— \$105

RETREAT COURSE

18 Holes— \$185

9 Holes (after 3 p.m.)— \$95

Replay Rate— \$105

Instruction—

Ladies' Fundamental Golf Clinic at Retreat

- Wednesday, 10:30 a.m., \$65/person

Senior Men's Golf Clinic at Retreat

- Thursday, 1:30 p.m., \$65/person

For reservations, please call 912-634-4460 or ext. 4460.

Forecaddie fee is additional for 9 holes, Replay rate, and Twilight.

Golfers under the age of 19 who are staying at the resort do not pay greens fees. Rates are 18 holes—\$66, 9 holes—\$26 (cart and caddie included).

*For information and tee times,
call 912-638-5118 or ext. 5118.*

CLUB RENTALS

18 Holes— \$75, **9 Holes**— \$40

GOLF PERFORMANCE CENTER

Fundamentals Clinic

- For adults, Monday, Wednesday, Friday, and Saturday, 9–10 a.m., \$70/adult
- For juniors ages 6–10, Friday, and Saturday, 10:15–11 a.m., \$60/junior
- For teens ages 11–17, Friday, and Saturday, 11:15 a.m.–12 p.m., \$60/teen
- Family Clinics, all ages, Sunday, 1–2 p.m., \$70/person
- Private instruction and club fitting available by appointment.
- Custom programs and clinics may be arranged as well as mental game coaching and fitness programs.

Complimentary shuttle transportation between The Cloister main entrance and The Lodge is available on the hour and half-hour, and is available for guests of The Inn upon request.

Reservations required, 912-638-5119 or ext. 5119.

SPA

Escape, unwind or celebrate with friends in our Forbes Five-Star Spa that is tailored to meet your needs. Discover the joy of living through spa!

Spa and Salon Hours:

Monday–Saturday, 9 a.m.–7 p.m., Sunday, 10 a.m.–6 p.m.

LET SOMEONE ELSE DO THE WORK

A sampling of our massage and body treatments

Take It All Off– This full-body exfoliation and custom massage will send tired skin and stress running for the hills. *90 minutes; \$310*

All The Right Moves– Our signature massage using a unique combination of Thai, Lomi Lomi, and Swedish techniques you'll only find here at Sea Island. With our sea turtles as inspiration, this treatment will melt that tough outer shell of yours. *90 minutes; \$315*

Two to Tango– Double your delight and enjoy any of our fine massage services in our stunning couples suite.

60/90 minutes; \$22 additional/guest

Massage Enhancements– Add a body buff, scalp massage and/or foot quench to any massage to enhance your spa experience.

PUT YOUR BEST FACE FORWARD

A sampling of our facial services

Milk & Honey Facial– Designed for pregnant and nursing mothers or anyone with sensitive skin. *60 minutes; \$235*

HydraFacial MD®– A non-invasive, non-laser skin resurfacing device designed for all skin types for the ultimate anti-aging experience.

- HydraFacial MD 30: Basic 4-Step, Face Only. *30 minutes, \$175*
- HydraFacial MD 60: includes LED Light Therapy; Face, Neck, Décolleté, and Hands. *60 minutes, \$250*
- HydraFacial MD 90: includes LED Light Therapy, DermaBuilder and Lymphatic Drainage; Face, Neck, Décolleté, and Hands. *90 minutes, \$350*
- HydraFacial Enhancements: LED Light Therapy; DermaBuilder and Lymphatic Drainage. *\$45/each*

HEY THERE, GOOD LOOKING

A sampling of our salon services

Blown Away– Whether you want Texas-big, Georgia peach perfect, or New York sleek, our stylists will show every hair who's boss. *\$60*

Fancy Feet– They may not always see the spotlight, but they deserve some recognition. They support you - day in and day out – with nary a complaint. So treat your toes and feet to a pedicure. They've earned it. *60 minutes; \$95*

Nobody's Perfect– But you sure are close. Let us enhance your natural beauty with an expert makeup application. Just a flourish here and there will ensure that you are a flawless, glowing vision – whatever the occasion. *\$85*

For a complete list of services, please see our spa brochure.

*Reservations are required, 912-638-5111 or ext. 5111.
A service charge of 20% will apply to all services above.*

NATURE

Sea Island's habitats offer exceptional options to learn and enjoy, by vehicle, bike or foot.

Wildlife and History Bike Tour

- Join a naturalist for a biking tour of Sea Island to discover its wildlife and history.
- Tuesday, Thursday, and Saturday, 9 a.m.
- \$75/person, Meets at PEDAL Bike Shop

Sea Island Junior Naturalist (Ages 7–14)

- Join a naturalist for a hands-on, one-of-a-kind experience and learn about the many ecosystems and wildlife on Sea Island.
- Tuesday and Thursday, 11 a.m., \$55/person

Fish Dissection and Dock Fishing (All Ages)

- Hands-on experience where kids will learn the ins and outs of a commonly caught fish.
- Tuesday, Thursday, and Friday, 1 p.m., meets at the Yacht Club
- Parent required for children under 8
- \$45/child

Marsh Habitat and Wildlife Walk

- Marsh and maritime forest walking tour for all ages
- Monday, Wednesday, Friday, and Saturday, 11 a.m.
- \$45/person, binoculars provided

Birding Tour on Golf Cart

- Explore some of Sea Island's best birding spots.
- Monday, Wednesday, and Friday, 9 a.m.
- \$45/person

Archery (Ages 8–15)

- Monday, Wednesday, and Saturday, 1 p.m.
- \$65/person, Meets at the Shooting School

All above programs meet in Sea Island Kids unless otherwise noted.

EQUESTRIAN

Located on St. Simons Island, The Stables at Frederica offer unforgettable equestrian experiences. Transportation is provided upon request from The Cloister and The Lodge.

Sea Island Beach Rides (Ages 10 and up)

- Daily, 9 a.m., 11 a.m., 1 p.m.
- \$120/person, departs from Rainbow Island

Tiny Tykes Stable Tour and Ride (Ages 3–7)

- Daily, 10 a.m.
- \$50/person, meets at The Stables at Frederica

Marsh Trail Ride at Rainbow Island (Ages 7 and up)

- Daily, 9:30 a.m., 11:30 a.m., 1:30 p.m.
- \$80/person, departs from Rainbow Island

Instruction

- Lessons available in hunter, jumper, equitation, saddleseat, dressage, and western disciplines
- Semi-private and group lessons available
- Lesson packages available

Ask about our packages and rates. Located at 150 Frederica Stables Drive, St. Simons Island

*Reservations are required, 912-638-5111 or ext. 5111.
A service charge of 20% will apply to all activities above.*

RAINBOW ISLAND WATER SPORTS

From Sunfish sailing and kayaking to stand-up paddleboarding, Rainbow Island Water Sports is headquarters for river experiences, rentals, and lessons.

Family Salt Marsh Kayaking

- Daily, 10 a.m., 1 p.m., \$95/person
- Kayak Shelling Tours depend on low tides

Fossilized Shark Tooth Hunt and Kayaking Tour

- \$150/person
- Tours offered by request and depend on low tides.
- Call 912-638-5145 for reservations.

Stand-Up Paddleboarding

- Salt Marsh Nature Tours: daily, \$95/person
- Lessons: daily, \$85/person (Ages 6 and up)
- Weather permitting

Guided Hobie Kayak Fishing

- 1–6 people
- 2-hour tour, \$175/person
- 3-hour tour, \$275/person
- Trips offered daily, call 912-638-5145 for availability and reservations. \$75/additional hour.

Kayak Shore Lunch

- Monday, Wednesday, and Friday, 12–2 p.m. \$125/person, includes lunch

All activities above offered daily upon request. Please refer to the This Week At Sea Island for additional programming, days, and times.

Reservations are required for all activities. Unless otherwise noted, call 912-638-5111 or ext. 5111 for reservations. To reach the Yacht Club directly, please call 912-638-5145. A service charge of 20% will apply to all activities above.

BOATING & FISHING

Experience fishing with your family and friends in one of the finest fishing areas on the east coast. Sea Island offers inshore, nearshore, and offshore fishing as well as opportunities to get up close with nature.

39 foot Contender Fishing Trips

- 1–6 people
- \$450/2-hour Boat Rides
- \$900/4-hour Nearshore Fishing
- \$1,500/6-hour Offshore Fishing
- \$2,000/8-hour Offshore Fishing
- Call 912-638-5145 for reservations.

Inshore and Nearshore Fishing Trips

- 1–4 people
- \$375/2-hour Fishing for 1–2 guests (Inshore only)
- \$575/4-hour Fishing for 1–2 guests
- \$50/person for each additional guest
- Call 912-638-5145 for reservations.

Kids' Family Fishing (for all ages)

- 1–6 people
- \$375/2-hour Inshore Fishing for 1–2 guests
- \$25 each additional guests

Salt Marsh Nature Tours

- 1–6 people
- \$375/90-minute tour
- Call 912-638-5145 for reservations.

Salt Marsh Dolphin Tours

- 1–6 people
- Tuesday, Thursday, and Saturday, 3 p.m.
- \$95/adult, \$65/child (12 and under)
- 90 minutes

Cloister Belle Yacht Cruises

- Pre-Dinner Cruises
Adults only, \$150/person
Family Cruise \$150/adult, \$75/Ages 12 and under
- Private Cruises: 2 hours/\$1,800
\$500 each additional hour, 30-person maximum
- Minimum of four adults for *Cloister Belle* cruises to depart
- Call 912-638-5145 for reservations.

Fishing and Crabbing on The Cloister dock

- Daily, 9 a.m.–5 p.m.
- \$15 equipment rental with bait
- Reservations not required.

Introduction to Fly Fishing

- \$125/person
- 60-minute instructional lesson with a guide.
- Call 912-638-5145 for reservations.

Reservations are required for all activities. Unless otherwise noted, call 912-638-5111 or ext. 5111 for reservations. To reach the Yacht Club directly, please call 912-638-5145. A service charge of 20% will apply to all activities above.

SHOOTING SCHOOL

The school includes a competitive 5-Stand sporting clay field, two skeet ranges, and a trap field, as well as four certified instructors.

Shooting School Hours:

Monday-Saturday, 9 a.m.–5 p.m.

Individual/Group Lessons

- Monday-Saturday, 9 a.m.–5 p.m.
- Instruction, \$100/hour
- Targets and ammunition, \$45/box of shells

Practice Sessions

- Skeet, trap, or 5-Stand sessions available for experienced shooters by appointment
- Monday-Saturday, 9 a.m.–5 p.m.
- Targets and ammunition, \$45/box of shells

Intro to Clay Target Shooting

- Overview of gun safety, equipment and shooting techniques
- Monday and Thursday, 9 a.m.
- \$65/person

Annie Oakley Shooting Hour for Ladies

- Group instruction on gun safety, equipment, shooting position, and strategy
- Wednesday, 11 a.m.
- \$65/person

JUNIOR PROGRAM

Air Rifle Bull's-Eye Hour (Ages 6–12)

- Gun safety, equipment, and technique
- Monday–Saturday, 4 p.m.
- \$65/child, includes shooting, instruction and cap

Targets for Teens (Ages 12–17)

- One-hour overview of gun safety, equipment, and technique
- Friday, 4 p.m.
- \$65/teen, includes shooting and instruction

Reservations are required. Unless noted otherwise, please call 912-638-5111 or ext. 5111. To reach the Shooting School directly, please call 912-638-5839. A service charge of 20% will apply to all activities above.

BEACH SPORTS

With five miles of private beach along the Atlantic Ocean, three swimming pools, a waterslide, splash pad, and more, the possibilities are endless at the Beach Club.

Pools

- 9 a.m.–dusk

Towel Service

- 10 a.m.–4 p.m.

Private Cabanas

- Stay cool by the pool with a private cabana, serviced by our Beach Club staff. Includes air conditioned sitting area with a flat-screen TV, stocked refrigerator, private shower, and bathroom. Four chaise lounges, umbrellas, and towels on the Adult Pool deck.
- Offered daily based on availability, 11 a.m.–5 p.m.
- \$250, Monday–Thursday; \$300, Friday–Sunday, \$400 on Holidays

*Reservations are required, 912-638-5111 or ext. 5111.
A service charge of 20% will apply to all activities above.*

SANTA'S SCHEDULE

Visit Santa before he returns to the North Pole at one of his special appearances below.

Santa in The Cloister Colonial Lounge

- Friday-Saturday, December 1-23, 5-8 p.m.
- Reservations not needed.

Santa Send-Off at The Lodge

- Saturday, December 23, 4-5 p.m.

Children's Christmas Party in The Cloister Ballroom

- Sunday, December 24, 10 a.m.-12 p.m.

Christmas Holiday Gala Reception in The Cloister Colonial Lounge

- Sunday, December 24, 5:30-6:30 p.m.

*Reservations are required, 912-638-5111 or ext. 5111.
A service charge of 20% will apply to most activities above.*

BROADFIELD

On 5,800 acres, the Sea Island Sporting Club and Lodge offers a wide range of experiences for the novice or the most seasoned outdoor enthusiast. Broadfield is located approximately 45 minutes south of Sea Island, off Exit 14 on I-95.

RANGE ACTIVITIES

Competitive-style 5-Stand, Rifle and Pistol Range, Sporting Clays Course

- \$150/day access fee per person (ammunition and lunch are additional)*
- 24-hour notice required; access based on availability

FALL AND WINTER ACTIVITIES

Half-day Quail Hunts

- October 1–March 31
- \$575/person, 2-person minimum (guns, ammo, and lunch included)*

Continental Pheasant Shoots

- Pre-scheduled from October 1–March 31
- \$660/blind, 2-person maximum (guns, ammo, and lunch included)*

The Falconry Experience

- October 15–March 15, observe the action first hand of three different hunting styles from different raptors. Southern-style lunch included.
- \$375/person, 2-person minimum, \$100 each additional person*

For information, pricing, and reservations, call 912-510-0030.

PEDAL

PEDAL is a full-service bicycle shop offering bike rentals, repairs, and bike accessories for the whole family. Golf cart rentals also available. Located at the Beach Club. Open 9 a.m.–5 p.m. daily.

Beach Cruiser Rental

- \$25/half-day, \$40/first day, \$15/each additional day; helmets and lock included
- Additions: Trailers and pull-behinds, \$15/day; baby seats, \$5/day

Hybrid and Road Bike Rental

- \$50/half-day, \$70/full-day, \$35/each additional day

Wildlife and History Bike Tour

- Join a naturalist for a biking tour of Sea Island to discover its wildlife and history.
- Tuesday, Thursday, and Saturday, 9 a.m.
- \$75/person, Meets at PEDAL Bike Shop

Learn to Bike

- \$65/30-minute lesson*

Golf Cart Rentals

- 4-passenger golf cart, \$110/full-day, \$575/week
- 6-passenger golf cart, \$175/full-day, \$950/week
- Rentals available from half-day to monthly
- To rent or reserve, call 912-634-3977 or email seaislandcarts@seaisland.com

Half Day: 1–4 hours, Full Day: 4–24 hours

For information, pricing and reservations for bikes call 912-634-3977 or ext. 3977.

**A service charge of 20% will apply to activity.*

FITNESS

The Fitness Center offers a total body experience including personal training, Pilates, fitness classes, nutrition consultation, strength, and Precor® cardio equipment.

FITNESS CENTER HOURS

Monday–Thursday, 6 a.m.–8 p.m.

Friday and Saturday, 6 a.m.–7 p.m.

Sunday, 7 a.m.–7 p.m.

CRYOTHERAPY

Whole-body Cryotherapy is a short three-minute application of cold air designed to reduce inflammation within the body— whether you have a previous injury or need assistance with your recovery post-exercise. This therapy could be the game-changer for getting you on track.

SEA ISLAND MOVEMENT SCREENING AND INBODY ANALYZER

Understanding how to move efficiently is the key to correcting and preventing imbalances and injuries. Coupled with Sea Island's InBody Analyzer, which is a full body diagnostic assessment, you can see your health both inside and out.

PILATES

Sea Island offers a complete range of Pilates programming with state-of-the-art equipment under the guidance of a master Pilates instructor. Private, duet, and small group sessions are available for all levels.

FITNESS CLASSES

Sea Island Fitness offers a wide variety of dynamic classes to choose from covering many disciplines.

Indoor Cycle— An intense cardio workout on cutting-edge Schwinn bikes with consoles to track wattage, caloric output and heart rate

Strength— High-intensity, high-rep training using weights, cardio, and other equipment

Aquatics— Four-lane pool for laps and water classes; therapeutic hot pool and a relaxing water atrium

Yoga— Yoga foundations, intermediate yoga, restorative yoga, heated yoga, yin yoga, and stretch exercises

Barre— A fun and contemporary class using a ballet barre and low-impact strength training exercises

Zumba— A high-energy class driven by music and dance

TRX Suspension Training— Develop strength, balance, flexibility, and stability using your own bodyweight

For a full schedule of classes, please visit the Fitness Center or refer to This Week at Sea Island. Stop by the Fit Fuel Café for freshly made smoothies, sandwiches, salads, and healthy baked goods.

For reservations and pricing for Fitness Classes, call 912-634-4442 or ext. 4442.

TENNIS

The tennis concierge will arrange and schedule games for players looking for competitive match play. Proper tennis shoes and tennis attire are required.

THE CLOISTER TENNIS CENTER

Tennis Clinic: Intermediate to Advanced

- Daily, 9–10 a.m., 10–11 a.m., 11 a.m.–12 p.m., \$50/person

Sea Island Tennis Academy at The Cloister

- Emphasizes footwork and timing, using instinctual teaching methods and drills
- Rising Stars (Ages 7–12), Monday–Saturday, 3:30–4:30 p.m., \$30/child
- Elite (Ages 13–18 who have competed in USTA tournaments or at an equivalent high level), Monday–Saturday, 4:30–6 p.m., \$50/person

Rentals

- \$40/hour, per court
- \$50/hour, ball machine
- \$10/day, demo rental

Private Lessons and Custom Clinics at The Cloister

- Private lessons, group lessons, and clinics are available daily with the Sea Island Tennis teaching professionals.
- Clinic prices starting at \$50/person

RETREAT TENNIS CENTER

Rentals

- \$40/hour, per court
- \$50/hour, ball machine

*For reservations, call 912-638-5111 or ext. 5111.
To reach the Tennis directly, please call 912-638-5168.*

SQUASH

Sea Island is one of the few Forbes Five-Star U.S. resorts with squash facilities. Featuring two international softball courts and one North American hardball doubles court.

Court Fee

- \$20/court, good for entire day, provided court use is renewed each hour

Equipment Fee

- \$15/person, includes all gear needed to play: racquet, eyewear, ball, and shoes

*For reservations or more information,
call 912-638-5111 or ext. 5111.*

JUST FOR KIDS

Named the #1 Family Resort by Harper's Hideaway Report, Sea Island offers kids an amazing array of things to see, do, and learn. Pick up a Kids' Passport from any Front Desk or Concierge to document your experiences during your time at Sea Island.

Camp Cloister (Ages 3–14)

- Join the Junior Staff for a fun-filled day of experiences around the resort!
- Monday–Saturday, 9:30 a.m.–3 p.m.
- \$130/child, includes lunch

Kids' Night Out (Ages 3–12)

- Indoor and outdoor games and activities, dinner and a movie.
- Friday and Saturday, 6–10 p.m.
- \$85/child, includes dinner

Under-The-Sea Workshop (Ages 3 and up)

- Build a stuffed friend and take a Sea Island cuddle home with you!
- Tuesday and Friday, 3:30 p.m.
- \$55/child

Cloister Creations (Ages 8–14)

- Paint your very own masterpiece!
- Thursday, 3:30 p.m.
- \$65/person, includes all supplies

Fish Dissection and Dock Fishing (All Ages)

- Hand-on experience where kids will learn the ins and outs of a commonly caught fish.
- Tuesday, Thursday, and Friday, 1 p.m., meets at the Yacht Club
- Parent required for children under 8
- \$45/child

Cookie Cutters (Ages 3–12)

- Create and decorate your own sugar cookies along with other sweet treats to take home.
- Saturday, 3:30 p.m.
- \$45/child

Archery (Ages 8–15)

- Monday, Wednesday, and Saturday, 1 p.m.
- \$65/person*
- Meets at the Shooting School

Please refer to the This Week At Sea Island for additional programming, days, and times. All programs meet in Sea Island Kids unless otherwise noted.

Reservations are required, 912-638-5111 or ext. 5111. A service charge of 20% will apply to all activities above.

JUST FOR KIDS, CONTINUED

TENNIS

Sea Island Tennis Academy at The Cloister

- Emphasizes footwork and timing, using instinctual teaching methods and drills
 - Rising Stars (Ages 7–12), Monday–Saturday, 3:30–4:30 p.m., \$30/child
- **Reservations required, call 912-638-5111 or ext. 5111.**

GOLF PERFORMANCE CENTER

Junior Fundamentals Clinic (Ages 6–10)

- Friday, and Saturday, 10:15–11 a.m.
 - \$60/child
- **Reservations required, call 912-638-5119 or ext. 5119.**

SPA

Make a Face (Ages 5–10)– Being a kid is hard work — it deserves a reward all its own. This gentle treatment for smaller faces is just the thing after a long day of play. *30/45 minutes; \$105/\$150*

Petite Head, Hands, and Feet (Ages 5–10)– Give it a rest — the arms, legs, head, and feet, that is. Introductory massage for the busiest of bodies. *45 minutes; \$150*

Sparkle Fingers and Toes (Ages 10 and under)– Add a little twinkle to any afternoon with a glitter polish manicure and pedicure. Fingers and toes will dazzle almost as brightly as their matching smiles. *60 minutes; \$70*

- **Reservations required, call 912-638-5111 or ext. 5111.**

FITNESS

Family Swim in the Indoor Lap Pool

- Parental supervision required for guests under the age of 16
- Daily, 1–3 p.m.
- Complimentary. Reservations not required.

SHOOTING SCHOOL

Air Rifle Bull's-Eye Hour (Ages 6–12)

- Gun safety, equipment, and technique
- Monday–Saturday, 4 p.m.
- \$65/child, includes shooting, instruction and cap

Reservations are required. Please call the numbers noted above.

**A service charge of 20% will apply to activity.*

JUST FOR TEENS

From tennis clinics and stand-up paddleboarding to spa experiences, teens can enjoy it all!

BEACH CLUB ACTIVITIES

Cloister Creations (Ages 8–14)

- Paint your very own take-home masterpiece.
- Thursday, 3:30 p.m., \$65/person, includes all supplies*
- Reservation required, 912-638-5111 or ext. 5111.

Sea Island Sports Court

- Features a regulation basketball goal and four square

SHOOTING SCHOOL

Targets for Teens (Ages 12–17)

- One-hour overview of gun safety, equipment, and technique
- Friday, 4 p.m., \$65/teen, includes shooting and instruction*
- **Reservations required, 912-638-5111 or ext. 5111.**

GOLF PERFORMANCE CENTER

Teen Fundamentals Clinic (Ages 11–17)

- Friday, and Saturday, 11:15 a.m.–12 p.m.
- \$60/teen, meets at the Golf Performance Center
- Private instruction and club fitting available by appointment
- Custom programs and clinics may be arranged as well as mental game coaching and fitness programs.
- **Reservations required, call 912-638-5119 or ext. 5119.**

TENNIS

Sea Island Tennis Academy

- Elite (Ages 13–18 who have competed in USTA tournaments or at an equivalent high level)
- Monday–Saturday, 4:30–6 p.m., \$50/person
- **Reservations required, 912-638-5111 or ext. 5111.**

SPA *For ages 13–16*

“Glam It Up” Mani/Pedi– Get your hands and feet, pool and beach ready in minutes. Nails are shaped and buffed, cuticles are removed and feet are left feeling smooth. “Glam it Up” with your choice of a design for your two “party” nails. *90 minutes; \$120*

Teens Only– Our custom massage for ages 13–16, is specifically tailored to melt away teenage stress. Our therapist will consult with you to determine the specific areas of focus, as well as the desired pressure. *60 minutes; \$190*

- **Reservations required, call 912-638-5111 or ext. 5111.**

**A service charge of 20% will apply to activity.*

SHOPPING

From fine clothing and books to gifts and mementos of your visit, our various shops have what you're looking for.

Sea Island Shop at The Cloister, Daily, 9 a.m.–8 p.m.

- Men's and women's specialty apparel, distinctive gifts, coffee table books, magazines, wines, food items, and sundries
- Featuring Dunhill Links, Rebecca Taylor, Bugatchi, Trina Turk, Diane Von Furstenburg, Theory, Lafayette 148, Peter Millar, and 7 For All Mankind
- Located near the Colonial Lounge

Peter Millar Collection, Daily, 10 a.m.–6 p.m.

- Sea Island's newest retail shop. Located in The Cloister.
- Peter Millar Collection blends the best of American heritage with European sensibility - all with an immaculate attention to detail and craftsmanship.

The Spa and Salon at Sea Island

- Monday–Saturday, 9 a.m.–7 p.m., Sunday, 10 a.m.–6 p.m.
- Skin, hair, and nail care products, active wear, exercise wear, other spa gifts, and lifestyle goods
- Featuring Babor, Makeup Factory, Davines, Lululemon, and Ugg

Sea Island Tennis Shop, Daily, 8:30 a.m.–6 p.m.

- Latest resort and tennis fashions for ladies, men and children, featuring Lacoste, Lija, Tonic, Peter Millar, Nike and more, plus state-of-the-art equipment and racquet stringing

Yacht Club River Shop, Daily, 9 a.m.–6 p.m.

- Active wear and gear, fishing poles, crab traps, and bait
- Featuring Helly Hansen, Aftco, Columbia, Fish Hippie, and True Flies
- Located beneath the Black Banks Terrace.

Sea Island Surf Shop, Daily, 9 a.m.–8 p.m.

- Casual and swim apparel, Sea Island logo apparel, accessories, sun products, beach toys, gifts, and sundries
- Featuring Melissa Odabash, Vix, Trina Turk, Mara Hoffman, Seafolly, Johnnie-O, Vineyard Vines, and Southern Tide

Sea Island Kids' Shop, Daily, 9 a.m.–8 p.m.

- Sea Island's retail shop especially for kids! Located at the Beach Club with an entertaining selection of games, toys, books, accessories and more.
- Featuring Pink Chicken, Tooby Doo, Kate Mack, Lilly Pulitzer, Florence Eiseman, Johnnie-O, and Sunuva

Sea Island Golf Club Pro Shop at The Lodge, Daily, 7 a.m.–7 p.m.

- Golf and lifestyle boutique specializing in the latest golf trends, men's and women's specialty apparel, gifts, and accessories
- Featuring Peter Millar, Polo, Nike, B Draddy, Mizzen & Main, Spoon, Magaschoni, Fore Kids Golf, and Maui Jim.

Golf Performance Center, 7:30 a.m.–6 p.m.

- Golf and fitness apparel for ladies, men, and children
- Featuring Nike, Polo, and Peter Millar apparel
- Custom club fitting featuring Trackman Launch Monitor
- Latest in golf equipment featuring Titleist, Callaway, Ping, TaylorMade, Nike, Mizuno, Tour Edge, PXG, and more

The Market

- Monday–Saturday, 8 a.m.–5 p.m., Closed Sundays
- Soups, sandwiches, salad bar, quality fish and meats, unique grocery items, coffee shop, wine selection, custom gift baskets, and Sea Island retail items
- 351 Sea Island Road on St. Simons Island, just east of the intersection of Sea Island and Frederica Roads

To be connected to any of our shops, please dial 0 from any house phone or 912-638-3611.

WHAT'S HAPPENING

Throughout the week, you'll find engaging options for entertainment, dining, and fun.

ONGOING EVENTS

Chapel Service

- Casual, ecumenical Christian service
- Sunday, 9-9:30 a.m.

Live in the Colonial Lounge

- Most Thursdays-Saturdays, 6-9 p.m.
- A variety of live music with cocktail service

Bagpiper at The Lodge

- Cocktails and appetizers available
- Daily, 5-6 p.m.

Sea Island Walking History Tour

- Join local historian Mimi Rogers for a walking tour of The Cloister and surrounding grounds.
- Select Wednesdays, 4-5 p.m.
- Reservations required, 912-638-5111 or ext. 5111.

SPECIAL AND FUTURE EVENTS

- **Southern Grown Concert Series presents Keller Williams,** December 1
- **Sea Island Half Marathon, 10K, and 5K presented by Merrill Lynch,** December 2
- **Southern Grown Farmers Market at The Market,** December 9, 10 a.m.-2 p.m.
- **Holiday Market at The Market,** December 16, 10 a.m.-2 p.m.
- **Christmas,** December 20-26
- **New Years,** December 27-January 1
- **Creativity Conference,** February 16-17

MEMBERSHIP AND REAL ESTATE

Many who visit Sea Island choose to become members and homeowners. To learn more, please call or stop by our offices.

Membership— 351 Sea Island Road, St. Simons Island
912-638-5800 or ext. 5800

Real Estate— 351 Sea Island Road and The Gallery
at the Beach Club, 912-638-5161 or ext. 5161

The Cloister Ocean Residences— 251 Dune Avenue,
Sea Island, 912-634-4351 or ext. 4351

RESORT DRESS CODE & CANCELLATION POLICY

Dress Code for The Cloister: Tavola, River Bar, Georgian Room Lounge, and Cloister Breakfast

Before 5 p.m., casual attire is acceptable. Flip-flops, tank tops, swim and fitness attire are not permitted.

After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim is acceptable. Flip-flops, tank tops, swim and fitness attire are not permitted.

Dress Code for Southern Tide

All Day: Casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover-ups and footwear are required. Flip-flops are acceptable.

Dress Code for The Lodge and Retreat: Oak Room Bar, Men's Locker Room, and Davis Love Grill

Before 5 p.m., casual attire is acceptable. Tank tops, swim and fitness attire are not permitted. Flip-flops are acceptable in Davis Love Grill only.

After 5 p.m., a collared shirt is required for gentlemen. Slacks or well-kept denim is acceptable. Tank tops, swim and fitness attire are not permitted. Flip-flops are acceptable in Davis Love Grill only.

Appropriate Attire for Georgian Room, Colt & Alison, and Bingo

- **Georgian Room:** After 5 p.m., a jacket, collared shirt, slacks or well-kept denim, are required for gentlemen and boys over eight. Jacket are requested to remain on for the duration of the dining or event experience. Cocktail attire is recommended for ladies.
- **Colt & Alison:** After 5 p.m., a collared shirt, slacks or well-kept denim, are required for gentlemen and boys over eight. Jackets are recommended, but not required. Cocktail attire is recommended for ladies.
- **Bingo:** After 5 p.m., a jacket, collared shirt, slacks or well-kept denim, are required for gentlemen and boys over eight. Jackets are requested to remain on for the duration of the Bingo experience. Cocktail attire is recommended for ladies.

Appropriate Hat Wear: Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in outdoor bar venues. Women are permitted to wear venue-appropriate hats and caps, e.g. athletic caps, prior to 5 p.m., and dressier hats before or after 5 p.m.

Resort Cancellation Policy:

- Events and activities (including Yacht Club, Fitness, Tennis, Spa, Golf, Shooting School, Camp Cloister, Bingo, and Equestrian) require 24-hour notice of cancellation. Dining requires cancellations to be made 6 hours prior to reservation. Broadfield requires cancellations to be made 72 hours prior to reservation. Failure to cancel within the noted time frame will result in a \$25/person charge (horseback riding and Broadfield will be charged the full cost of the activity). All no-show reservations, that are not canceled, will be charged the full rate of the event or activity (dining and Bingo will be charged \$25/person).
- The Holiday Resort Cancellation policy will be in effect for Christmas (December 21–26) and New Years (December 27-31). Please refer to the Holiday brochure for complete policy.

DINING AND ACTIVITIES

- Days, times, pricing for activities, and dining hours of operations are subject to change. Please see This Week at Sea Island for a complete list of activities.
- For guests of The Inn at Sea Island, access to the Beach Club is subject to availability and a fee will apply.

