

# THIS WEEK AT *Sea Island*<sup>®</sup> July 18-25, 2021



Programs and restaurants may have limited availability, and certain offerings in this guide may change.

## WEEKLY GUIDE TO RECREATION, ENTERTAINMENT AND DINING

Reservations are required for most events and activities by 5 p.m. day prior. Programs not requiring reservations are noted with "▲." Please refer to the Planning Guide for activity details and prices.

### For Dining and Most Activity Reservations:

Resort Guests—912-638-5111 or ext. 5111

Cottage Guests—912-634-4343

Exclusive Resorts Guests—912-634-3957

Sea Island Club Members—912-634-4444

### For Broadfield Reservations:

912-510-0030

### For Equestrian Reservations:

912-434-4760

### For Golf Performance Center Reservations:

912-638-5119

## PROGRAMS OFFERED DAILY BY APPOINTMENT

### BROADFIELD

Broadfield Experience, Sporting Clay Course, 5-Stand, Rifle, and Pistol Ranges

### COASTAL EXPERIENCE CENTER

Inshore and Nearshore Fishing Trips

Kids' Family Fishing

Salt Marsh Nature Tours

### FITNESS CENTER

First come, first served with limited availability

### GOLF PERFORMANCE CENTER

Private Lessons

### NATURE CENTER

Jekyll Island Eco Tour

### RAINBOW ISLAND WATER SPORTS DOCK

Guided Hobie Kayak Fishing

Family Salt Marsh Kayaking

Tour at Rainbow Island

Stand-Up Paddleboarding Salt Marsh

Nature Tour at Rainbow Island

### SHOOTING SCHOOL

Individual and Group Lessons

Practice Sessions

### THE CLOISTER TENNIS CENTER

Private Lessons and Custom Clinics

SUNDAY, JULY 18

**6:30 a.m.** Sea Turtle Dawn Patrol  
**7 a.m.–10 p.m.** Topgolf Swing Suite Open at The Inn  
**8 a.m.** Tennis Clinic: Intermediate to Advance  
 Hawk Walk with a Falconer  
**9 a.m.** **Sunday Service in The Cloister Garden**  
*Join us for a special service in The Cloister Garden to honor the 15th anniversary of The Cloister Chapel. Following the service will be a reception in The Chapel with by Chaplain Bill Barrow. Reservations not taken.*  
 Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Beach Horseback Ride  
 Tennis Clinic: Intermediate to Advanced  
**9 a.m.–5 p.m.** Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island  
**9:30 a.m.** Marsh Horseback Ride at Rainbow Island  
**10 a.m.** Family Salt Marsh Kayaking Tour at Rainbow Island  
 Tennis Clinic: Intermediate to Advanced

**10 a.m.** Ocean Stand-Up Paddleboarding Clinic at the Beach Club  
**10 a.m.–5 p.m.** Private Beach Setup at the Beach Club  
 Hobie Cat Gilligan's Island Tour  
 Hobie Cat Shelling Tour  
 Hobie Cat Open Ocean Dolphin Tour  
**11 a.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Beach Horseback Ride  
**11:30 a.m.** Marsh Horseback Ride at Rainbow Island  
**12 p.m.** Kayak Shore Lunch  
**12–9 p.m.** Bowling in Sea Strike & Pub  
**1 p.m.** Family Salt Marsh Kayaking Tour at Rainbow Island  
 Beach Horseback Ride  
 Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Family Pool Games at the Beach Club  
**1:30 p.m.** Marsh Horseback Ride at Rainbow Island

**2 p.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
**3 p.m.** Family Salt Marsh Kayaking Tour at Rainbow Island  
**3:30 p.m.** Tie Dye on the Beach Club Lawn  
**4 p.m.** R & R Yoga  
**7–8 p.m.** ▲ Bagpiper at The Lodge

MONDAY, JULY 19

**6:15 a.m.** Cycle Sculpt Fitness Class  
**6:30 a.m.** Sea Turtle Dawn Patrol  
**7 a.m.–10 p.m.** Topgolf Swing Suite open at The Inn  
**8 a.m.** Tennis Clinic: Intermediate to Advanced  
 Hawk Walk with a Falconer  
 Good Morning Stretch at The Cloister  
**8:15 a.m.** Total-Body Strength  
**8:30 a.m.** Aqua Fit at the Beach Club  
**9 a.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Cycle Sculpt and Roll Fitness Class  
 Energizing Morning Flow Yoga Class  
 Intro to Clay Target Shooting  
 Beach Horseback Ride  
 Tennis Clinic: Intermediate to Advanced  
 Birding Tour on Golf Cart  
 Pilates Reformer Class  
 Air Rifle Bull's-Eye Hour  
**9 a.m.–5 p.m.** Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island  
**9:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Camp Cloister  
 Beginner's Archery  
**10 a.m.** Family Salt Marsh Kayaking Tour at Rainbow Island

**10 a.m.** Tennis Clinic: Intermediate to Advanced  
 Pilates Reformer Cardio Mix  
 Ocean Stand-Up Paddleboarding Clinic at the Beach Club  
 Heated Yoga  
**10 a.m.–5 p.m.** Backwater Sunfish Sailing Hourly Lessons  
 Private Beach Setup at the Beach Club  
 Hobie Cat Gilligan's Island Tour  
 Hobie Cat Shelling Tour  
 Hobie Cat Open Ocean Dolphin Tour  
**11 a.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Beach Horseback Ride  
 Marsh Habitat and Wildlife Walk  
 Raptors and Reptiles  
 Air Rifle Bull's-Eye Hour  
**11:15 a.m.** Barre Class  
**11:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**12 p.m.** Kayak Shore Lunch  
**1 p.m.** Family Salt Marsh Kayaking Tour at Rainbow Island  
 Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island

**1 p.m.** Beach Horseback Ride  
 Ocean Seining  
**1:30 p.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**2 p.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Air Rifle Bull's-Eye Hour  
 Hawk Walk with a Falconer  
**2–9 p.m.** Bowling in Sea Strike & Pub  
**2:30 p.m.** The Cloister Hotel History Walking Tour  
**3 p.m.** Family Salt Marsh Kayaking Tour at Rainbow Island  
**3:30 p.m.** Beginner's Archery  
**4 p.m.** Restorative Stretch Fitness Class  
 Air Rifle Bull's-Eye Hour  
**5:30 p.m.** Evening Stretch Fitness Class  
**6 p.m.** Kids' Night Out  
**6–9 p.m.** ▲ Live Music in the Colonial Lounge with Jackie Monroe  
**6:30 p.m.** Sunset Kayaking at Rainbow Island  
**7–8 p.m.** ▲ Bagpiper at The Lodge  
**9 p.m.** Sea Turtle Education and Night Walk

Reservations are required for most events and activities by 5 p.m. day prior. Programs not requiring reservations are noted with "▲."  
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**For Broadfield Reservations:**  
 912-510-0030  
**For Equestrian Reservations:**  
 912-434-4760  
**For Golf Performance Center Reservations:**  
 912-638-5119

**6:30 a.m.** Sea Turtle Dawn Patrol  
**7 a.m.** Sunrise Flow Yoga  
 Row Fit Circuit Fitness Class  
**7 a.m.–10 p.m.** Topgolf Swing Suite Open at The Inn  
**8 a.m.** Hawk Walk with a Falconer  
 Tennis Clinic: Intermediate to Advanced  
 Oak Walk Rise and Shine History Tour  
**8:15 a.m.** Outdoor FIIT Fitness Class  
**8:30 a.m.** Aqua Fit at the Beach Club  
**9 a.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Coastal Wildlife Bike Tour  
 Intermediate Yoga  
 Beach Horseback Ride  
 Tennis Clinic: Intermediate to Advanced  
 Indoor Cycle Fitness Class  
 Pilates Reformer Class  
 Garden and Grounds Tour on a Golf Cart  
**Air Rifle Bull's-Eye Hour**  
**9 a.m.–5 p.m.** Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island  
**9:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Camp Cloister  
 Beginner's Archery  
**10 a.m.** Family Salt Marsh Kayaking Tour at Rainbow Island

**10 a.m.** Ocean Stand-Up Paddleboarding Clinic at the Beach Club  
 Heated Yoga  
 Tennis Clinic: Intermediate to Advanced  
 Pilates Reformer Class  
 Strength and Stretch Fitness Class  
**10 a.m.–5 p.m.** Backwater Sunfish Sailing  
 Hourly Lessons  
**Private Beach Setup at the Beach Club**  
 Hobie Cat Gilligan's Island Tour  
 Hobie Cat Shelling Tour  
 Hobie Cat Open Ocean Dolphin Tour  
**11 a.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
**Sea Island Junior Naturalist**  
 Beach Horseback Ride  
 Intro to Falconry at Summit Park  
**Air Rifle Bull's-Eye Hour**  
**11:30 p.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**1 p.m.** Family Salt Marsh Kayaking Tour at Rainbow Island  
 Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Beach Horseback Ride  
 Fish Dissection and Dock Fishing

**1:30 p.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**2 p.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
**Air Rifle Bull's-Eye Hour**  
**2–9 p.m.** Bowling in Sea Strike & Pub  
**3 p.m.** Salt Marsh Dolphin Tour  
 Family Salt Marsh Kayaking Tour at Rainbow Island  
 Coastal Encounters  
**3:30 p.m.** Under-the-Sea Workshop  
 Beginner's Archery  
**4 p.m.** Air Rifle Bull's-Eye Hour  
**4:30 p.m.** Sea Island Explorer Pre-Dinner Cocktail Cruise  
**5:15 p.m.** Indoor Cycle Fitness Class  
**7–8 p.m.** ▲ Bagpiper at The Lodge  
**9 p.m.** Sea Turtle Education and Night Walk

**6:15 a.m.** Wake-Up Call Fitness Class  
**6:30 a.m.** Sea Turtle Dawn Patrol  
**7 a.m.–10 p.m.** Topgolf Swing Suite Open at The Inn  
**8 a.m.** Hawk Walk with a Falconer  
 Tennis Clinic: Intermediate to Advanced  
**8:15 a.m.** Total-Body Strength Fitness Class  
**8:30 a.m.** Aqua Fit at the Beach Club  
**9 a.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Birding Tour on Golf Cart  
 Energizing Morning Flow Yoga Class  
 Beach Horseback Ride  
 Tennis Clinic: Intermediate to Advanced  
 Cycle Release Fitness Class  
 Pilates Reformer Class  
**Air Rifle Bull's-Eye Hour**  
**9 a.m.–5 p.m.** Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island  
**9:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Camp Cloister  
 Beginner's Archery  
**10 a.m.** Jekyll Island Eco Tour  
 Family Salt Marsh Kayaking Tour at Rainbow Island

**10 a.m.** Ocean Stand-Up Paddleboarding Clinic at the Beach Club  
 Heated Yoga  
 Tennis Clinic: Intermediate to Advanced  
 Pilates Reformer Class  
**10 a.m.–5 p.m.** Backwater Sunfish Sailing  
 Hourly Lessons  
**Private Beach Setup at the Beach Club**  
 Hobie Cat Gilligan's Island Tour  
 Hobie Cat Shelling Tour  
 Hobie Cat Open Ocean Dolphin Tour  
**11 a.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Annie Oakley Shooting Hour for Ladies  
 Beach Horseback Ride  
 Marsh Habitat and Wildlife Walk  
**Air Rifle Bull's-Eye Hour**  
**11:15 a.m.** Barre Class  
**11:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**1 p.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
 Family Salt Marsh Kayaking Tour at Rainbow Island  
 Beach Horseback Ride

**1 p.m.** Ocean Seining  
**1:30 p.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**2 p.m.** Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island  
**Air Rifle Bull's-Eye Hour**  
**2–9 p.m.** Bowling in Sea Strike & Pub  
**3 p.m.** Family Salt Marsh Kayaking Tour at Rainbow Island  
 Owl Prowl at the Beach Club  
**3:30 p.m.** Tie Dye on the Beach Club Lawn  
 Beginner's Archery  
**4 p.m.** Restorative Stretch Fitness Class  
**Air Rifle Bull's-Eye Hour**  
**5–8 p.m.** **Louisiana Bayou Dinner in the Ocean Room Courtyard**  
*Enjoy a taste of New Orleans featuring Southern fare and cajun classics direct from the bayou. Live entertainment. Cash bar. \$55/adult, \$25/child (ages 4-12). Resort casual. Reservations required.*  
**5:30 p.m.** Evening Stretch Fitness Class  
**6 p.m.** Kids' Night Out  
**7–8 p.m.** ▲ Bagpiper at The Lodge  
**9 p.m.** Sea Turtle Education and Night Walk

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**6:30 a.m.** Sea Turtle Dawn Patrol  
**7 a.m.** Row Fit Circuit Fitness Class  
**7 a.m.–10 p.m.** Topgolf Swing Suite Open at The Inn  
**8 a.m.** Hawk Walk with a Falconer  
 Tennis Clinic: Intermediate to Advanced  
**8:15 a.m.** Outdoor FIIT Fitness Class  
**8:30 a.m.** Aqua Fit at the Beach Club  
**9 a.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Coastal Wildlife Bike Tour  
 Intermediate Yoga  
 Cycle Sculpt and Roll Fitness Class  
 Air Rifle Bull's-Eye Hour  
 Intro to Clay Target Shooting  
 Beach Horseback Ride  
 Tennis Clinic: Intermediate to Advanced  
 Pilates Reformer, Tower and Mat Mix Class  
**9 a.m.–5 p.m.** Guided Kayak Fishing 2- and 3-Hour  
 Tour at Rainbow Island  
**9:30 a.m.** Camp Cloister  
 Beginner's Archery  
 Marsh Horseback Ride at Rainbow Island  
**10 a.m.** Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Tennis Clinic: Intermediate to Advanced  
 Strength and Stretch Fitness Class  
 Heated Yoga

**10 a.m.** Ocean Stand-Up Paddleboarding Clinic  
 at the Beach Club  
**10 a.m.–5 p.m.** Backwater Sunfish Sailing  
 Hourly Lessons  
 Private Beach Setup at the Beach Club  
 Hobie Cat Gilligan's Island Tour  
 Hobie Cat Shelling Tour  
 Hobie Cat Open Ocean Dolphin Tour  
**11 a.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Beach Horseback Ride  
 Sea Island Junior Naturalist  
 Air Rifle Bull's-Eye Hour  
**11:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**1 p.m.** Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Beach Horseback Ride  
 Fish Dissection and Dock Fishing  
**1:30 p.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**2 p.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Air Rifle Bull's-Eye Hour  
**2–9 p.m.** Bowling in Sea Strike & Pub

**3 p.m.** Salt Marsh Dolphin Tour  
 Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Coastal Encounters  
**3:30 p.m.** Cloister Creations  
 Beginner's Archery  
**4 p.m.** Air Rifle Bull's-Eye Hour  
**4:30 p.m.** Sea Island Explorer Pre-Dinner Cocktail Cruise  
**5–8:30 p.m.** **Rainbow Island Supper**  
*Rainbow Island plays host to a relaxed and  
 rustic family dining experience with an  
 authentic Southern-style feast. Jeep Train will  
 pick up from the Beach Club  
 beginning at 4:45 p.m.*  
**6–9 p.m.** ▲ Live Music in the Colonial Lounge  
 with Jackie Monroe  
**6:30 p.m.** Sunset Kayaking at Rainbow Island  
**7–8 p.m.** ▲ Bagpiper at The Lodge  
**9 p.m.** **Bingo in The Cloister Ballroom**  
*A Sea Island tradition continues! Card sales  
 begin at 8 p.m.; game begins at 9 p.m.  
 A jacket, collard shirt, slacks, or well-kept denim  
 are required for gentlemen and boys over eight.  
 Cocktail attire is recommended for ladies.  
 Reservations required.*  
 Sea Turtle Education and Night Walk

**6:15 a.m.** Wake-Up Call Fitness Class  
**6:30 a.m.** Sea Turtle Dawn Patrol  
**7 a.m.–10 p.m.** Topgolf Swing Suite Open at The Inn  
**8 a.m.** Hawk Walk with a Falconer  
 Tennis Clinic: Intermediate to Advanced  
 Sunrise X-Press Fitness Class  
**8:15 a.m.** Total-Body Strength Fitness Class  
**8:30 a.m.** Aqua Fit at the Beach Club  
**9 a.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Indoor Cycle Fitness Class  
 Birding Tour on Golf Cart  
 Air Rifle Bull's-Eye Hour  
 Energizing Morning Flow Yoga Class  
 Beach Horseback Ride  
 Tennis Clinic: Intermediate to Advanced  
 Pilates Reformer Class  
**9 a.m.–5 p.m.** Guided Kayak Fishing 2- and 3-Hour  
 Tour at Rainbow Island  
**9:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Camp Cloister  
 Beginner's Archery  
**10 a.m.** Jekyll Island Eco Tour  
 Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Ocean Stand-Up Paddleboarding Clinic  
 at the Beach Club  
 Heated Yoga

**10 a.m.** Tennis Clinic: Intermediate to Advanced  
 Pilates Reformer Cardio Mix  
 Sea Island Explorer Scenic Yacht Cruise  
**10 a.m.–5 p.m.** Backwater Sunfish Sailing  
 Hourly Lessons  
 Private Beach Setup at the Beach Club  
 Hobie Cat Gilligan's Island Tour  
 Hobie Cat Shelling Tour  
 Hobie Cat Open Ocean Dolphin Tour  
**10:30 a.m.** Homes and History Bike Tour  
**11 a.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Air Rifle Bull's-Eye Hour  
 Beach Horseback Ride  
 Marsh Habitat and Wildlife Walk  
**11:15 a.m.** Barre Class  
**11:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**12 p.m.** Kayak Shore Lunch  
**1 p.m.** Beach Horseback Ride  
 Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Fish Dissection and Dock Fishing  
**1:30 p.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery

**2 p.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Air Rifle Bull's-Eye Hour  
**2–10 p.m.** Bowling in Sea Strike & Pub  
**2:30 p.m.** The Cloister Hotel Walking Tour  
**3 p.m.** Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
**3:30 p.m.** Under-the-Sea Workshop  
 Beginner's Archery  
**4 p.m.** Targets for Teens  
 Air Rifle Bull's-Eye Hour  
**4:30 p.m.** Sea Island Explorer Pre-Dinner Cocktail Cruise  
**6 p.m.** Kids' Night Out  
**6–9 p.m.** ▲ Live Music in the Colonial Lounge  
 with Jackie Monroe  
**6:30 p.m.** Sunset Kayaking at Rainbow Island  
**7–8 p.m.** ▲ Bagpiper at The Lodge  
**9 p.m.** Sea Turtle Education and Night Walk

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**6:30 a.m.** Sea Turtle Dawn Patrol  
**7 a.m.** Row Fit Circuit Fitness Class  
**7 a.m.–10 p.m.** Topgolf Swing Suite Open at The Inn  
**8 a.m.** Tennis Clinic: Intermediate to Advanced  
 Hawk Walk with a Falconer  
**8:15 a.m.** Outdoor FIIT Fitness Class  
**8:30 a.m.** Weekend Flow and Unwind Yoga  
**9 a.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Coastal Wildlife Bike Tour  
 Beach Horseback Ride  
 Tennis Clinic: Intermediate to Advanced  
 Pilates Reformer Class  
 Beach Yoga  
 Indoor Cycle Fitness Class  
 Air Rifle Bull's-Eye Hour  
**9 a.m.–5 p.m.** Guided Kayak Fishing 2- and 3-Hour  
 Tour at Rainbow Island  
**9:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Camp Cloister  
 Beginner's Archery  
**10 a.m.** Tennis Clinic: Intermediate to Advanced  
 Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Hard "Core" Fitness Class  
 Pilates Reformer Class  
 Ocean Stand-Up Paddleboarding Clinic  
 at the Beach Club  
 Energizing Stretch Fitness Class

**10 a.m.–5 p.m.** Private Beach Setup at the Beach Club  
 Hobie Cat Gilligan's Island Tour  
 Hobie Cat Shelling Tour  
 Hobie Cat Open Ocean Dolphin Tour  
**11 a.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Beach Horseback Ride  
 Marsh Habitat and Wildlife Walk  
 Intro to Falconry at Summit Park  
 Air Rifle Bull's-Eye Hour  
**11:30 a.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**12–10 p.m.** Bowling in Sea Strike & Pub  
**1 p.m.** Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Beach Horseback Ride  
**1:30 p.m.** Marsh Horseback Ride at Rainbow Island  
 Beginner's Archery  
**2 p.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Air Rifle Bull's-Eye Hour  
**3 p.m.** Salt Marsh Dolphin Tour  
 Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
**3:30 p.m.** Cookie Cutters  
 Beginner's Archery  
**4 p.m.** Air Rifle Bull's-Eye Hour

**5–8:30 p.m.** **Rainbow Island Supper**  
*Rainbow Island plays host to a relaxed and rustic family dining experience with an authentic Southern-style feast. Jeep Train will pick up from the Beach Club beginning at 4:45 p.m.*  
**5:30 p.m.** **Bingo in the Mizner Ballroom**  
*A Sea Island tradition continues! Card sales begin at 4:30 p.m.; game begins at 5:30 p.m. A jacket, collard shirt, slacks, or well-kept denim are required for gentlemen and boys over eight. Cocktail attire is recommended for ladies. Reservations required.*  
**6 p.m.** Kids' Night Out  
**6–9 p.m.** ▲ Live Music in the Colonial Lounge  
 with Jackie Monroe  
**6:30 p.m.** Sunset Kayaking at Rainbow Island  
**7–8 p.m.** ▲ Bagpiper at The Lodge  
**9 p.m.** **Bingo in The Cloister Ballroom**  
*A Sea Island tradition continues! Card sales begin at 8 p.m.; game begins at 9 p.m. A jacket, collard shirt, slacks, or well-kept denim are required for gentlemen and boys over eight. Cocktail attire is recommended for ladies. Reservations required.*  
 Sea Turtle Education and Night Walk

**6:30 a.m.** Sea Turtle Dawn Patrol  
**7 a.m.–10 p.m.** Topgolf Swing Suite Open at The Inn  
**8 a.m.** Tennis Clinic: Intermediate to Advance  
 Hawk Walk with a Falconer  
**9 a.m.** Sunday Service in The Cloister Garden  
 Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Beach Horseback Ride  
 Tennis Clinic: Intermediate to Advanced  
**9 a.m.–5 p.m.** Guided Kayak Fishing 2- and 3-Hour  
 Tour at Rainbow Island  
**9:30 a.m.** Marsh Horseback Ride at Rainbow Island  
**10 a.m.** Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Tennis Clinic: Intermediate to Advanced  
 Ocean Stand-Up Paddleboarding Clinic  
 at the Beach Club

**10 a.m.–5 p.m.** Private Beach Setup at the Beach Club  
 Hobie Cat Gilligan's Island Tour  
 Hobie Cat Shelling Tour  
 Hobie Cat Open Ocean Dolphin Tour  
**11 a.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Beach Horseback Ride  
**11:30 a.m.** Marsh Horseback Ride at Rainbow Island  
**12 p.m.** Kayak Shore Lunch  
**12–9 p.m.** Bowling in Sea Strike & Pub  
**1 p.m.** Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
 Beach Horseback Ride  
 Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
 Family Pool Games at the Beach Club  
**1:30 p.m.** Marsh Horseback Ride at Rainbow Island

**2 p.m.** Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island  
**3 p.m.** Family Salt Marsh Kayaking Tour at  
 Rainbow Island  
**3:30 p.m.** Tie Dye on the Beach Club Lawn  
**4 p.m.** R & R Yoga  
**7–8 p.m.** ▲ Bagpiper at The Lodge

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# DINING GUIDE FOR JULY 18-25

*Hours of Operation are subject to change.*

## THE CLOISTER

### Tavola \$\$\$

- An Authentic Rustic Italian Eatery
- Breakfast: 7-11 a.m., daily
- Dinner: 5-10 p.m.,  
Sunday-Tuesday, Thursday-Saturday ■

### River Bar & Lounge \$\$\$

- A Classic-Style Brasserie
- Lunch: 11 a.m.-5 p.m., daily
- Dinner: 5-10 p.m., daily
- Bar: 11 a.m.-12 a.m., Monday-Saturday  
11 a.m.-11 p.m., Sunday
- Late Night Bites: 10-11 p.m., daily
- Sunday Brunch: 11 a.m.-3 p.m. ■ L
- Sunday Lite-Bites: 3-5 p.m.

### In-Room Dining

- 6 a.m.-1 a.m., daily

### The Solarium

- Complimentary morning coffee: 6-10 a.m.
- Afternoon refreshments: 3-5 p.m.

## SEA ISLAND BEACH CLUB

### Southern Tide \$\$\$

- Beachfront, offering fresh and local seafood
- Lunch: 11 a.m.-2:30 p.m., Tuesday-Sunday
- Lite Bites: 2:30-5 p.m., Tuesday-Sunday
- Dinner: 5-10 p.m., Tuesday-Sunday ■
- Closed Monday

### Sea Strike & Pub \$

- Bowling, Beverages, and Lite Bites
- 3-9 p.m., Monday-Friday
- 12-9 p.m., Saturday-Sunday

### Snack Shack \$

- A Casual Poolside Café
- 11 a.m.-3 p.m., daily

### Wonderland \$\$

- Breakfast: 8-11 a.m., daily
- Sweets and Treats: 12-9 p.m., daily

### Beach Bar \$

- 11 a.m.-6 p.m., Sunday-Thursday  
11 a.m.-8 p.m., Friday-Saturday  
*Weather dependent*

## THE LODGE

### Colt & Alison \$\$\$\$

- A Southern-Inspired Steak House
- Dinner: 5-9 p.m.,  
Thursday-Saturday R

### Oak Room \$\$\$

- An Oceanfront Tavern with  
Golf Course Views
- Breakfast: 7-10:30 a.m., daily
- Lunch: 11:30 a.m.-2:30 p.m., daily
- Lite-Bite Menu: 2:30-5 p.m., daily
- Dinner: 5-10 p.m., daily
- Sunday Brunch:  
11:30 a.m.-2:30 p.m., à la carte

### Men's Locker Room \$

- Lunch: 11 a.m.-3 p.m., daily
- Beverages: 11 a.m.-7 p.m., daily

### Pool and Pool House at The Lodge \$

- An oceanfront spot for easy, poolside bites
- Breakfast: 7-11 a.m., daily
- Lunch: 11 a.m.-5 p.m., daily
- Grab-n-Go: 7 a.m.-dusk, daily
- Pool Service: 11 a.m.-6 p.m., daily  
*Weather dependent*

### In-Room Dining

- 6 a.m.-1 a.m., daily

## THE MARKET

- Local Mercantile and Deli Café
- 8 a.m.-5 p.m., Monday-Saturday
- Breakfast: 8-10:30 a.m.
- Made-To-Order Sandwiches: 10:30 a.m.-5 p.m.  
Closed Sunday.

## TOPGOLF SWING SUITE BAR

- 5-10 p.m., daily

■ *Reservations recommended.*

R *Reservations required.*

L *Live Music.*

## RESORT DRESS CODE & CANCELLATION POLICY

### Dress Code for The Cloister: Tavola, River Bar, and Cloister Breakfast

**Before 5 p.m.**, casual attire is acceptable. Tank tops and swim attire are not permitted.

**After 5 p.m.**, a collared shirt is required for gentlemen. Well-kept denim is acceptable. Tank tops and swim and fitness attire are not permitted.

### Dress Code for Southern Tide and Sea Strike & Pub

**All Day:** Casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover-ups and footwear are required. Socks required to bowl.

### Dress Code for The Lodge: Oak Room and Men's Locker Room

**Before 5 p.m.**, casual attire is acceptable. Tank tops and swim attire are not permitted.

**After 5 p.m.**, a collared shirt is required for gentlemen. Well-kept denim and bermuda shorts are acceptable. Tank tops, swim and fitness attire are not permitted.

### Dress Code for Colt & Alison

A collared shirt, slacks or well-kept denim, and closed-toed shoes is required for gentlemen and boys over eight. Jackets are recommended, but not required. Cocktail attire is recommended for ladies.

**Appropriate Hat Wear:** Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in outdoor bar venues. Women are permitted to wear venue-appropriate hats and caps, e.g., athletic caps, prior to 5 p.m., and dressier hats before or after 5 p.m.

**Face Coverings:** We encourage guests and team members who are not fully vaccinated to wear face coverings.

**Dress Code for Activities:** The dress code varies throughout Recreation. The view, [click here](#).

### Resort Cancellation Policy:

VIEW  
CANCELLATION POLICIES

- Restaurant reservations will be honored for a maximum of 15 minutes after the reserved time. After the additional 15 minutes have passed, the table will be released, and your party will be placed on the list to be seated at the next available table.

## HOURS OF OPERATION

### COASTAL EXPERIENCE CENTER

Daily, 9 a.m.-5 p.m.

### COTTAGE RENTALS

Daily, 8:30 a.m.-6 p.m.

### FITNESS CENTER

Monday-Friday, 6 a.m.-7 p.m.  
Saturday-Sunday, 7 a.m.-6 p.m.

### GOLF PRO SHOP AT RETREAT

Daily, 7 a.m.-6 p.m.

### GOLF PRO SHOP AT THE LODGE

Daily, 7 a.m.-7 p.m.

### GOLF PERFORMANCE CENTER

Daily, 8 a.m.-6 p.m.

### PEDAL BIKE SHOP & SEA ISLAND CARTS

Daily, 9 a.m.-5 p.m., weather permitting

### PETER MILLAR COLLECTION

Daily, 10 a.m.-6 p.m.

### SEA ISLAND PROPERTIES

Monday-Saturday, 9 a.m.-5 p.m., Sunday, 1-5 p.m.

### SEA ISLAND KIDS' SHOP

Daily, 9 a.m.-6 p.m.

### SEA STRIKE & PUB

Monday-Thursday, 2-9 p.m.  
Friday, 2-10 p.m.  
Saturday, 12-10 p.m.  
Sunday, 12-9 p.m.

### SHOOTING SCHOOL

Daily, 9 a.m.-5 p.m.

### SALON, SPA, AND SPATIQUE

Monday-Saturday, 9 a.m.-6 p.m.  
Sunday, 10 a.m.-6 p.m.

### SURF SHOP AT SEA ISLAND BEACH CLUB

Daily, 9 a.m.-7 p.m.

### THE CLOISTER TENNIS CENTER

Daily, 9 a.m.-5 p.m.

### THE SEA ISLAND SHOP AT THE CLOISTER

Daily, 9 a.m.-6 p.m.

### TOPGOLF SWING SUITE AT THE INN

Daily, 7 a.m.-10 p.m.