



Programs and restaurants may have limited availability, and certain offerings in this guide may change.

THIS WEEK AT  
*Sea Island*  
 September 12-19, 2021

**WEEKLY GUIDE TO RECREATION, ENTERTAINMENT AND DINING**

Reservations are required for most events and activities by 5 p.m. day prior. Programs not requiring reservations are noted with "▲." Please refer to the Planning Guide for activity details and prices.

**For Dining and Most Activity Reservations:**  
 Resort Guests—912-638-5111 or ext. 5111  
 Cottage Guests—912-634-4343  
 Exclusive Resorts Guests—912-634-3957  
 Sea Island Club Members—912-634-4444

**For Broadfield Reservations:**  
 912-510-0030  
**For Equestrian Reservations:**  
 912-434-4760  
**For Golf Performance Center Reservations:**  
 912-638-5119

**PROGRAMS OFFERED DAILY BY APPOINTMENT**

**BROADFIELD**

Broadfield Experience, Sporting Clay Course, 5-Stand, Rifle, and Pistol Ranges

**COASTAL EXPERIENCE CENTER**

Inshore and Nearshore Fishing Trips  
 Kids' Family Fishing  
 Salt Marsh Nature Tours

**GOLF PERFORMANCE CENTER**

Private Lessons

**NATURE CENTER**

Jekyll Island Eco Tour

**RAINBOW ISLAND  
 WATER SPORTS DOCK**

Guided Hobie Kayak Fishing  
 Family Salt Marsh Kayaking  
 Tour at Rainbow Island  
 Stand-Up Paddleboarding Salt Marsh  
 Nature Tour at Rainbow Island

**SHOOTING SCHOOL**

Individual and Group Lessons  
 Practice Sessions

**THE CLOISTER TENNIS CENTER**

Private Lessons and Custom Clinics

SUNDAY, SEPTEMBER 12

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8 a.m. Tennis Clinic: Intermediate to Advance

9 a.m. Sunday Service in The Cloister Garden

Beach Horseback Ride

Tennis Clinic: Intermediate to Advanced

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour

Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

10 a.m. Tennis Clinic: Intermediate to Advanced

10 a.m.-5 p.m. [Private Beach Setup at the Beach Club](#)

11 a.m. Beach Horseback Ride

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

12 p.m. Kayak Shore Lunch

12-10 p.m. [Bowling in Sea Strike & Pub](#)

1 p.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Beach Horseback Ride

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

4 p.m. R & R Yoga

6-7 p.m. ▲ [Bagpiper at The Lodge](#)

MONDAY, SEPTEMBER 13

6:15 a.m. Cycle Sculpt Fitness Class

7 a.m.-10 p.m. [Topgolf Swing Suite open at The Inn](#)

8:15 a.m. Total-Body Strength

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Birding Tour on Golf Cart

Cycle Sculpt and Roll Fitness Class

Intro to Clay Target Shooting

Beach Horseback Ride

Tennis Clinic: Intermediate to Advanced

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour

Tour at Rainbow Island

9:30 a.m. [Camp Cloister](#)

[Marsh Horseback Ride at Rainbow Island](#)

10 a.m. Energizing Morning Flow Fitness Class

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Tennis Clinic: Intermediate to Advanced

Pilates Reformer Class

10 a.m.-5 p.m. Backwater Sunfish Sailing

Hourly Lessons

[Private Beach Setup at the Beach Club](#)

11 a.m. Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11:15 a.m. Barre Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

12 p.m. Kayak Shore Lunch

1 p.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Beach Horseback Ride

1:30 p.m. [Beginner's Archery](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2-10 p.m. [Bowling in Sea Strike & Pub](#)

2:30 p.m. The Cloister Hotel Walking Tour

4 p.m. Restorative Stretch Fitness Class

5:30 p.m. Evening Stretch Fitness Class

Sunset Kayaking at Rainbow Island

6-7 p.m. ▲ [Bagpiper at The Lodge](#)

6-9 p.m. ▲ [Live Music in the Colonial Lounge with Jackie Monroe](#)

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TUESDAY, SEPTEMBER 14

**7 a.m.-10 p.m.** Topgolf Swing Suite Open at The Inn

**8 a.m.** Hawk Walk with a Falconer

**8:30 a.m.** Aqua Fit at the Beach Club

**9 a.m.** Coastal Wildlife Bike Tour

Gardens and Grounds Golf Cart Tour

Beach Horseback Ride

Tennis Clinic: Intermediate to Advanced

Indoor Cycle Fitness Class

Heated Yoga

Pilates Reformer Class

**9 a.m.-5 p.m.** Guided Kayak Fishing 2- and 3-Hour  
Tour at Rainbow Island

**9:30 a.m.** Camp Cloister

Marsh Horseback Ride at Rainbow Island

**10 a.m.** Family Salt Marsh Kayaking Tour at  
Rainbow Island

*Sea Island Explorer* Scenic Yacht Cruise

Tennis Clinic: Intermediate to Advanced

Strength and Stretch Fitness Class

Pilates Reformer Class

**10 a.m.-5 p.m.** Backwater Sunfish Sailing  
Hourly Lessons

Private Beach Setup at the Beach Club

**11 a.m.** Sea Island Junior Naturalist

Beach Horseback Ride

**11:30 a.m.** Marsh Horseback Ride at Rainbow Island

**1 p.m.** Family Salt Marsh Kayaking Tour at  
Rainbow Island

Beach Horseback Ride

**1 p.m.** Fish Dissection and Dock Fishing

**1:30 p.m.** Marsh Horseback Ride at Rainbow Island

**2 p.m.** Coastal Encounters

**2-4:30 p.m.** Bowling in Sea Strike & Pub

**3 p.m.** Salt Marsh Dolphin Tour

**3:30 p.m.** Under-the-Sea Workshop

**4:30 p.m.** *Sea Island Explorer* Pre-Dinner  
Cocktail Cruise

**5:15 p.m.** Indoor Cycle Fitness Class

**6-7 p.m.** ▲ Bagpiper at The Lodge

WEDNESDAY, SEPTEMBER 15

**6:15 a.m.** Wake-Up Call Fitness Class

**7 a.m.-10 p.m.** Topgolf Swing Suite Open at The Inn

**8 a.m.** Hawk Walk at Rainbow Island

**8:15 a.m.** Total-Body Strength Fitness Class

**8:30 a.m.** Aqua Fit at the Beach Club

**9 a.m.** Jekyll Island Eco Tour

Birding Tour on Golf Cart

Beach Horseback Ride

Tennis Clinic: Intermediate to Advanced

Cycle Release Fitness Class

Heated Yoga

Pilates Reformer Class

**9 a.m.-5 p.m.** Guided Kayak Fishing 2- and 3-Hour  
Tour at Rainbow Island

**9:30 a.m.** Marsh Horseback Ride at Rainbow Island

Camp Cloister

**10 a.m.** Family Salt Marsh Kayaking Tour at  
Rainbow Island

Tennis Clinic: Intermediate to Advanced

Pilates Reformer Class

Energizing Morning Flow Fitness Class

**10 a.m.-5 p.m.** Backwater Sunfish Sailing  
Hourly Lessons

Private Beach Setup at the Beach Club

**11 a.m.** Annie Oakley Shooting Hour for Ladies

Beach Horseback Ride

Marsh Habitat and Wildlife Walk

**11:15 a.m.** Barre Class

**11:30 a.m.** Marsh Horseback Ride at Rainbow Island

**1 p.m.** Family Salt Marsh Kayaking Tour at  
Rainbow Island

Beach Horseback Ride

**1:30 p.m.** Marsh Horseback Ride at Rainbow Island

Beginner's Archery

**2 p.m.** Air Rifles Bull's-Eye Hour

**2-10 p.m.** Bowling in Sea Strike & Pub

**3 p.m.** Raptors and Reptiles Nature Program

**5:30 p.m.** Evening Stretch Fitness Class

**6-7 p.m.** ▲ Bagpiper at The Lodge

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THURSDAY, SEPTEMBER 16

7 a.m. Row Fit Fitness Class  
Row Fit Circuit Fitness Class

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Coastal Wildlife Bike Tour  
Intermediate Yoga  
Cycle Sculpt and Roll Fitness Class  
Beach Horseback Ride  
Tennis Clinic: Intermediate to Advanced  
Pilates Reformer, Tower and Mat Mix Class  
Heated Yoga

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour  
Tour at Rainbow Island

9:30 a.m. [Camp Cloister](#)

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)  
Tennis Clinic: Intermediate to Advanced  
Strength and Stretch Fitness Class

10 a.m.-5 p.m. Backwater Sunfish Sailing  
Hourly Lessons  
[Private Beach Setup at the Beach Club](#)

11 a.m. Beach Horseback Ride  
[Sea Island Junior Naturalist](#)

11:15 a.m. Yoga Sculpt Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

1 p.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)  
Beach Horseback Ride

1 p.m. [Fish Dissection and Dock Fishing](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2 p.m. [Coastal Encounters Nature Program](#)

3 p.m. [Salt Marsh Dolphin Tour](#)

4:30 p.m. [Sea Island Explorer Pre-Dinner Cocktail Cruise](#)

5:30 p.m. [Sunset Kayaking at Rainbow Island](#)

6-7 p.m. ▲ [Bagpiper at The Lodge](#)

6-9 p.m. ▲ [Live Music in the Colonial Lounge with Jackie Monroe](#)

FRIDAY, SEPTEMBER 17

6:15 a.m. Wake-Up Call Fitness Class

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8:15 a.m. Total-Body Strength Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Jekyll Island Eco Tour  
Indoor Cycle Fitness Class  
Birding Tour on Golf Cart  
Beach Horseback Ride  
Tennis Clinic: Intermediate to Advanced  
Pilates Reformer Class  
Heated Yoga

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour  
Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)  
[Camp Cloister](#)

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)  
Tennis Clinic: Intermediate to Advanced  
Pilates Reformer Cardio Mix  
Energizing Morning Flow Fitness Class

10 a.m.-5 p.m. Backwater Sunfish Sailing  
Hourly Lessons  
[Private Beach Setup at the Beach Club](#)

10:30 a.m. Homes and History Bike Tour

11 a.m. Beach Horseback Ride  
Marsh Habitat and Wildlife Walk

11:15 a.m. Barre Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

12 p.m. Kayak Shore Lunch

12-10 p.m. [Bowling in Sea Strike & Pub](#)

1 p.m. Beach Horseback Ride  
[Family Salt Marsh Kayaking Tour at Rainbow Island](#)  
[Fish Dissection and Dock Fishing](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2:30 p.m. [The Cloister Hotel Walking Tour](#)

3:30 p.m. [Under-the-Sea Workshop](#)

4 p.m. [Targets for Teens](#)

4:30 p.m. [Sea Island Explorer Pre-Dinner Cocktail Cruise](#)

5:30 p.m. [Sunset Kayaking at Rainbow Island](#)

6-7 p.m. ▲ [Bagpiper at The Lodge](#)

6-9 p.m. ▲ [Live Music in the Colonial Lounge with Jackie Monroe](#)

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[Kids' or Family Activities](#)

**Special Event**

▲ Reservations not required

|  |  |   |
|--|--|---|
| 7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn | 10 a.m. Hard "Core" Fitness Class                    | 4:30 p.m. <i>Sea Island Explorer</i> Pre-Dinner |
| 8 a.m. Hawk Walk on Rainbow Island                 | Energizing Stretch Fitness Class                     | Cocktail Cruise                                 |
| 8:30 a.m. Weekend Flow and Unwind Yoga             | 10 a.m.-5 p.m. Private Beach Setup at the Beach Club | 5:30 p.m. Sunset Kayaking at Rainbow Island     |
| 9 a.m. Coastal Wildlife Bike Tour                  | 11 a.m. Beach Horseback Ride                         | 6-7 p.m. ▲ Bagpiper at The Lodge                |
| Beach Horseback Ride                               | Marsh Habitat and Wildlife Walk                      | 6-9 p.m. ▲ Live Music in the Colonial Lounge    |
| Tennis Clinic: Intermediate to Advanced            | 11:30 a.m. Marsh Horseback Ride at Rainbow Island    | with Jackie Monroe                              |
| Pilates Reformer Class                             | 12-10 p.m. Bowling in Sea Strike & Pub               |   |
| Indoor Cycle Fitness Class                         | 1 p.m. Family Salt Marsh Kayaking Tour at            |   |
| 9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour   | Rainbow Island                                       |   |
| Tour at Rainbow Island                             | Beach Horseback Ride                                 |   |
| 9:30 a.m. Marsh Horseback Ride at Rainbow Island   | 1:30 p.m. Marsh Horseback Ride at Rainbow Island     |   |
| Camp Cloister                                      | Beginner's Archery                                   |   |
| 10 a.m. Tennis Clinic: Intermediate to Advanced    | 3 p.m. Salt Marsh Dolphin Tour                       |   |
| Family Salt Marsh Kayaking Tour at                 | 3:30 p.m. Cookie Cutters                             |   |
| Rainbow Island                                     |  |   |

|  |  |  |
|--|--|--|
| 7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn | 10 a.m. Family Salt Marsh Kayaking Tour at           | 1 p.m. Family Salt Marsh Kayaking Tour at        |
| 8 a.m. Hawk Walk on Rainbow Island                 | Rainbow Island                                       | Rainbow Island                                   |
| 9 a.m. Sunday Service in The Cloister Garden       | Tennis Clinic: Intermediate to Advanced              | Beach Horseback Ride                             |
| Beach Horseback Ride                               | 10 a.m.-5 p.m. Private Beach Setup at the Beach Club | 1:30 p.m. Marsh Horseback Ride at Rainbow Island |
| Tennis Clinic: Intermediate to Advanced            | 11 a.m. Beach Horseback Ride                         | 4 p.m. R & R Yoga                                |
| 9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour   | 11:30 a.m. Marsh Horseback Ride at Rainbow Island    | 6-7 p.m. ▲ Bagpiper at The Lodge                 |
| Tour at Rainbow Island                             | 12 p.m. Kayak Shore Lunch                            |  |
| 9:30 a.m. Marsh Horseback Ride at Rainbow Island   | 12-10 p.m. Bowling in Sea Strike & Pub               |  |

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# DINING GUIDE FOR SEPTEMBER 12-19

*Hours of Operation are subject to change.*

## THE CLOISTER

### Tavola \$\$\$

- An Authentic Rustic Italian Eatery
- Breakfast: 7-11 a.m., daily
- To-Go: 5-6:30 p.m., Sunday-Monday, Wednesday-Saturday
- Dinner: 5-10 p.m., Sunday-Monday, Wednesday-Saturday ■

### River Bar and Lounge \$\$\$

- A Classic-Style Brasserie
- Lunch: 11 a.m.-5 p.m., Monday-Tuesday, Friday-Sunday
- To-Go: 5-6:30 p.m., Monday-Tuesday, Friday-Sunday
- Dinner: 5-10 p.m., Monday-Tuesday, Friday-Sunday
- Bar: 11 a.m.-12 a.m., Monday-Tuesday, Friday-Saturday
- 11 a.m.-11 p.m., Sunday
- Late Night Bites: 10-11 p.m., Monday-Tuesday, Friday-Sunday
- Sunday Brunch: 11 a.m.-3 p.m. ■ L
- Sunday Lite-Bites: 3-5 p.m.

### In-Room Dining

- 6 a.m.-1 a.m., daily

### The Solarium

- Complimentary morning coffee: 6-10 a.m.
- Afternoon refreshments: 3-5 p.m.

## SEA ISLAND BEACH CLUB

### Southern Tide \$\$\$

- Beachfront, offering fresh and local seafood
- Lunch: 11 a.m.-3 p.m., Tuesday-Sunday
- Lite Bites: 3-5 p.m., Tuesday-Sunday
- To-Go: 5-6:30 p.m., Tuesday-Saturday
- Dinner: 5-9 p.m., Tuesday-Saturday ■

### Sea Strike & Pub \$

- Bowling, Beverages, and Lite Bites
- 2-4:30 p.m., Tuesday
- 2-9 p.m., Wednesday
- 12-9 p.m., Friday-Sunday
- To-Go: 5-6:30 p.m., Wednesday, Friday-Sunday

### Snack Shack \$

- A Casual Poolside Café
- 11 a.m.-3 p.m., daily

### Wonderland \$\$\$

- Breakfast: 8-11 a.m., daily
- Sweets and Treats: 3:30-6 p.m., Monday-Thursday
- 12-8 p.m., Friday-Saturday
- 12-6 p.m., Sunday

### Beach Bar \$

- 11 a.m.-5 p.m., Monday-Friday
- 11 a.m.-7 p.m., Saturday-Sunday
- Weather dependent*

## THE LODGE

### Colt & Alison \$\$\$\$

- A Southern-Inspired Steak House
- Dinner: 5-9 p.m., Thursday-Saturday R

### Oak Room \$\$\$

- An Oceanfront Tavern with Golf Course Views
- Breakfast: 7-10:30 a.m., daily
- Lunch: 11:30 a.m.-2:30 p.m., daily
- Lite-Bite Menu: 2:30-5 p.m., daily
- To-Go: 5-6:30 p.m., daily
- Dinner: 5-10 p.m., daily
- Sunday Brunch: 11:30 a.m.-2:30 p.m., à la carte

### Men's Locker Room \$

- Lunch: 11 a.m.-3 p.m., daily
- Beverages: 11 a.m.-7 p.m., daily

### Pool and Pool House at The Lodge \$

- An oceanfront spot for easy, poolside bites
- Breakfast: 7-11 a.m., daily
- Lunch: 11 a.m.-5 p.m., daily
- Grab-n-Go: 7 a.m.-dusk, daily
- Pool Service: 11 a.m.-5 p.m., daily
- Weather dependent*

### In-Room Dining

- 6 a.m.-1 a.m., daily

## THE MARKET

- Local Mercantile and Deli Café
- 8 a.m.-5 p.m., Monday-Saturday
- Breakfast: 8-10:30 a.m.
- Made-To-Order Sandwiches: 10:30 a.m.-3 p.m.

## TOPGOLF SWING SUITE BAR

- 5-10 p.m., daily

- *Reservations recommended.*
- R *Reservations required.*
- L *Live Music.*

## RESORT DRESS CODE & CANCELLATION POLICY

### Dress Code for The Cloister: Tavola, River Bar, and Cloister Breakfast

**Before 5 p.m.**, casual attire is acceptable. Tank tops and swim attire are not permitted.

**After 5 p.m.**, a collared shirt is required for gentlemen. Well-kept denim is acceptable. Tank tops and swim and fitness attire are not permitted.

### Dress Code for Southern Tide and Sea Strike & Pub

**All Day:** Casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover-ups and footwear are required. Socks required to bowl.

### Dress Code for The Lodge: Oak Room and Men's Locker Room

**Before 5 p.m.**, casual attire is acceptable. Tank tops and swim attire are not permitted.

**After 5 p.m.**, a collared shirt is required for gentlemen. Well-kept denim and bermuda shorts are acceptable. Tank tops, swim and fitness attire are not permitted.

### Dress Code for Colt & Alison

A collared shirt, slacks or well-kept denim, and closed-toed shoes is required for gentlemen and boys over eight. Jackets are recommended, but not required. Cocktail attire is recommended for ladies.

**Appropriate Hat Wear:** Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in outdoor bar venues. Women are permitted to wear venue-appropriate hats and caps, e.g., athletic caps, prior to 5 p.m., and dressier hats before or after 5 p.m.

**Face Coverings:** We encourage guests who are not fully vaccinated to wear face coverings.

**Dress Code for Activities:** The dress code varies throughout Recreation. The view, [click here](#).

### Resort Cancellation Policy:

[VIEW CANCELLATION POLICIES](#)

- Restaurant reservations will be honored for a maximum of 15 minutes after the reserved time. After the additional 15 minutes have passed, the table will be released, and your party will be placed on the list to be seated at the next available table.

## HOURS OF OPERATION

### COASTAL EXPERIENCE CENTER

Daily, 9 a.m.-5 p.m.

### COTTAGE RENTALS

Daily, 8:30 a.m.-6 p.m.

### FITNESS CENTER

Monday-Friday, 6 a.m.-7 p.m.  
Saturday-Sunday, 7 a.m.-6 p.m.

### GOLF PRO SHOP AT RETREAT

Daily, 7 a.m.-6 p.m.

### GOLF PRO SHOP AT THE LODGE

Daily, 7 a.m.-7 p.m.

### GOLF PERFORMANCE CENTER

Daily, 8 a.m.-6 p.m.

### PEDAL BIKE SHOP AND SEA ISLAND CARTS

Daily, 9 a.m.-5 p.m., weather permitting

### PETER MILLAR COLLECTION

Daily, 10 a.m.-6 p.m.

### SEA ISLAND PROPERTIES

Monday-Saturday, 9 a.m.-5 p.m., Sunday, 1-5 p.m.

### SEA ISLAND KIDS' SHOP

Daily, 9 a.m.-5 p.m.

### SEA STRIKE & PUB

Tuesday, 2-4:30 p.m.  
Wednesday, 2-10 p.m.  
Friday-Sunday, 12-10 p.m.

### SHOOTING SCHOOL

Daily, 9 a.m.-5 p.m.

### SPA, SALON, AND SPATIQUE

Monday-Saturday, 9 a.m.-6 p.m.  
Sunday, 10 a.m.-6 p.m.

### SURF SHOP AT SEA ISLAND BEACH CLUB

Daily, 9 a.m.-7 p.m.

### THE CLOISTER TENNIS CENTER

Monday-Saturday, 9 a.m.-5 p.m.

### THE SEA ISLAND SHOP AT THE CLOISTER

Daily, 9 a.m.-6 p.m.

### TOPGOLF SWING SUITE AT THE INN

Daily, 7 a.m.-10 p.m.