



Programs and restaurants may have limited availability, and certain offerings in this guide may change.

THIS WEEK AT
Sea Island
September 19-26, 2021

WEEKLY GUIDE TO RECREATION, ENTERTAINMENT AND DINING

Reservations are required for most events and activities by 5 p.m. day prior. Programs not requiring reservations are noted with "▲." Please refer to the Planning Guide for activity details and prices.

For Dining and Most Activity Reservations:
 Resort Guests—(912) 638-5111 or ext. 5111
 Cottage Guests—(912) 634-4343
 Exclusive Resorts Guests—(912) 634-3957
 Sea Island Club Members—(912) 634-4444

For Broadfield Reservations:
 (912) 510-0030
For Equestrian Reservations:
 (912) 434-4760
For Golf Performance Center Reservations:
 (912) 638-5119

PROGRAMS OFFERED DAILY BY APPOINTMENT

BROADFIELD

Broadfield Experience, Sporting Clay Course, 5-Stand, Rifle, and Pistol Ranges

COASTAL EXPERIENCE CENTER

Inshore and Nearshore Fishing Trips
 Kids' Family Fishing
 Salt Marsh Nature Tours

GOLF PERFORMANCE CENTER

Private Lessons

NATURE CENTER

Jekyll Island Eco Tour

**RAINBOW ISLAND
 WATER SPORTS DOCK**

Guided Hobie Kayak Fishing
 Family Salt Marsh Kayaking
 Tour at Rainbow Island
 Stand-Up Paddleboarding Salt Marsh
 Nature Tour at Rainbow Island

SHOOTING SCHOOL

Individual and Group Lessons
 Practice Sessions

THE CLOISTER TENNIS CENTER

Private Lessons and Custom Clinics

SUNDAY, SEPTEMBER 19

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

8 a.m. Hawk Walk at Rainbow Island

9 a.m. Sunday Service in The Cloister Garden

Beach Horseback Ride

Adult Tennis Clinic: Intermediate to Advanced

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island

10 a.m. Adult Tennis Clinic: Intermediate to Advanced

10 a.m.-5 p.m. Private Beach Setup at the Beach Club

11 a.m. Beach Horseback Ride

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Beach Horseback Ride

1:30 p.m. Marsh Horseback Ride at Rainbow Island

4 p.m. R & R Yoga

6-7 p.m. ▲ Bagpiper at The Lodge

MONDAY, SEPTEMBER 20

6:15 a.m. Cycle Sculpt Fitness Class

7 a.m.-10 p.m. Topgolf Swing Suite open at The Inn

8:15 a.m. Total-Body Strength

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Birding Tour on Golf Cart

Cycle Sculpt and Roll Fitness Class

Intro to Clay Target Shooting

Beach Horseback Ride

Heated Yoga

Adult Tennis Clinic: Intermediate to Advanced

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. Camp Cloister

Marsh Horseback Ride at Rainbow Island

10 a.m. Energizing Morning Flow Fitness Class

10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Adult Tennis Clinic: Intermediate to Advanced

Pilates Reformer Class

10 a.m.-5 p.m. Backwater Sunfish Sailing Hourly Lessons

Private Beach Setup at the Beach Club

11 a.m. Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11:15 a.m. Barre Class

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Beach Horseback Ride

1:30 p.m. Beginner's Archery

1:30 p.m. Marsh Horseback Ride at Rainbow Island

2 p.m. Hawk Walk at Rainbow Island

2:30 p.m. The Cloister Hotel Walking Tour

4 p.m. Restorative Stretch Fitness Class

5:30 p.m. Evening Stretch Fitness Class

Sunset Kayaking at Rainbow Island

6-7 p.m. ▲ Bagpiper at The Lodge

6-9 p.m. ▲ Live Music in the Colonial Lounge with Jackie Monroe

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TUESDAY, SEPTEMBER 21

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

8 a.m. Oak Walk Rise and Shine

8:15 a.m. Striaght Up Circuit Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Coastal Wildlife Bike Tour

Gardens and Grounds Golf Cart Tour

Beach Horseback Ride

Intermediate Yoga

Adult Tennis Clinic: Intermediate to Advanced

Indoor Cycle Fitness Class

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. Camp Cloister

Marsh Horseback Ride at Rainbow Island

10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Sea Island Explorer Scenic Yacht Cruise

Adult Tennis Clinic: Intermediate to Advanced

Strength and Stretch Fitness Class

Pilates Reformer Class

10 a.m.-5 p.m. Backwater Sunfish Sailing

Hourly Lessons

Private Beach Setup at the Beach Club

11 a.m. Sea Island Junior Naturalist

Beach Horseback Ride

11:30 a.m. Marsh Horseback Ride at Rainbow Island

1 p.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Beach Horseback Ride

1 p.m. Fish Dissection and Dock Fishing

1:30 p.m. Marsh Horseback Ride at Rainbow Island

2 p.m. Coastal Encounters

3 p.m. Salt Marsh Dolphin Tour

3:30 p.m. Under-the-Sea Workshop

4:30 p.m. *Sea Island Explorer* Pre-Dinner Cocktail Cruise

5:15 p.m. Indoor Cycle Fitness Class

6-7 p.m. ▲ Bagpiper at The Lodge

WEDNESDAY, SEPTEMBER 22

6:15 a.m. Wake-Up Call Fitness Class

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

8 a.m. Hawk Walk at Rainbow Island

8:15 a.m. Total-Body Strength Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Jekyll Island Eco Tour

Birding Tour on Golf Cart

Beach Horseback Ride

Adult Tennis Clinic: Intermediate to Advanced

Cycle Release Fitness Class

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

Camp Cloister

10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Adult Tennis Clinic: Intermediate to Advanced

Pilates Reformer Class

Energizing Morning Flow Fitness Class

10 a.m.-5 p.m. Backwater Sunfish Sailing

Hourly Lessons

Private Beach Setup at the Beach Club

11 a.m. Annie Oakley Shooting Hour for Ladies

Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11:15 a.m. Barre Class

11:30 a.m. Marsh Horseback Ride at Rainbow Island

1 p.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Beach Horseback Ride

1:30 p.m. Marsh Horseback Ride at Rainbow Island

Beginner's Archery

2 p.m. Air Rifles Bull's-Eye Hour

3 p.m. Raptors and Reptiles Nature Program

5:30 p.m. Evening Stretch Fitness Class

6-7 p.m. ▲ Bagpiper at The Lodge

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7 a.m. Row Fit Circuit Fitness Class

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8:15 a.m. Striaight Up Circuit Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Coastal Wildlife Bike Tour

Intermediate Yoga

Intro to Clay Target Shooting

Cycle Sculpt and Roll Fitness Class

Beach Horseback Ride

Adult Tennis Clinic: Intermediate to Advanced

Pilates Reformer, Tower and Mat Mix Class

Heated Yoga

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour
Tour at Rainbow Island

9:30 a.m. [Camp Cloister](#)

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Adult Tennis Clinic: Intermediate to Advanced

Strength and Stretch Fitness Class

Pilates Reformer Class

10 a.m.-5 p.m. Backwater Sunfish Sailing
Hourly Lessons

[Private Beach Setup at the Beach Club](#)

11 a.m. Beach Horseback Ride

[Sea Island Junior Naturalist](#)

11:15 a.m. Yoga Sculpt Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

1 p.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Beach Horseback Ride

1 p.m. [Fish Dissection and Dock Fishing](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2 p.m. [Coastal Encounters Nature Program](#)

3 p.m. [Salt Marsh Dolphin Tour](#)

5:30 p.m. Sunset Kayaking at Rainbow Island

6-7 p.m. ▲ [Bagpiper at The Lodge](#)

6-9 p.m. ▲ [Live Music in the Colonial Lounge with Jackie Monroe](#)

6:15 a.m. Wake-Up Call Fitness Class

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8:15 a.m. Total-Body Strength Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Jekyll Island Eco Tour

Birding Tour on Golf Cart

Indoor Cycle Fitness Class

Beach Horseback Ride

Adult Tennis Clinic: Intermediate to Advanced

Pilates Reformer Class

Heated Yoga

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour
Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

[Camp Cloister](#)

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Adult Tennis Clinic: Intermediate to Advanced

Pilates Reformer Cardio Mix

Energizing Morning Flow Fitness Class

10 a.m.-5 p.m. Backwater Sunfish Sailing
Hourly Lessons

[Private Beach Setup at the Beach Club](#)

11 a.m. Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11:15 a.m. Barre Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

12 p.m. Kayak Shore Lunch

1 p.m. Beach Horseback Ride

[Family Salt Marsh Kayaking Tour at Rainbow Island](#)

[Fish Dissection and Dock Fishing](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2 p.m. Air Rifle Bull's Eye Hour

3:30 p.m. [Under-the-Sea Workshop](#)

4 p.m. [Targets for Teens](#)

5:30 p.m. Sunset Kayaking at Rainbow Island

6-7 p.m. ▲ [Bagpiper at The Lodge](#)

6-9 p.m. ▲ [Live Music in the Colonial Lounge with Jackie Monroe](#)

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SATURDAY, SEPTEMBER 25

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

8 a.m. Hawk Walk on Rainbow Island

8:15 a.m. Outdoor FIIT Fitness Class

8:30 a.m. Weekend Flow and Unwind Yoga

9 a.m. Coastal Wildlife Bike Tour

Beach Horseback Ride

Adult Tennis Clinic: Intermediate to Advanced

Pilates Reformer Class

Indoor Cycle Fitness Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

Camp Cloister

10 a.m. Adult Tennis Clinic: Intermediate to Advanced

Family Salt Marsh Kayaking Tour at Rainbow Island

10 a.m. Hard "Core" Fitness Class

Energizing Stretch Fitness Class

Pilates Reformer

10 a.m.-5 p.m. Private Beach Setup at the Beach Club

11 a.m. Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12-10 p.m. Bowling in Sea Strike & Pub

1 p.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Beach Horseback Ride

1:30 p.m. Marsh Horseback Ride at Rainbow Island

Beginner's Archery

3 p.m. Salt Marsh Dolphin Tour

3:30 p.m. Cookie Cutters

5:30 p.m. Sunset Kayaking at Rainbow Island

6-7 p.m. ▲ Bagpiper at The Lodge

6-9 p.m. ▲ Live Music in the Colonial Lounge with Jackie Monroe

SUNDAY, SEPTEMBER 26

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

9 a.m. Sunday Service in The Cloister Garden

Beach Horseback Ride

Adult Tennis Clinic: Intermediate to Advanced

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Adult Tennis Clinic: Intermediate to Advanced

10 a.m.-5 p.m. Private Beach Setup at the Beach Club

11 a.m. Beach Horseback Ride

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Beach Horseback Ride

1:30 p.m. Marsh Horseback Ride at Rainbow Island

4 p.m. R & R Yoga

6-7 p.m. ▲ Bagpiper at The Lodge

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DINING GUIDE FOR SEPTEMBER 19-26

Hours of Operation are subject to change.

THE CLOISTER

Tavola \$\$\$

- An Authentic Rustic Italian Eatery
- Breakfast: 6:15-11 a.m., Tuesday-Friday 7-11 a.m., Saturday-Sunday
- To-Go: 5-6:30 p.m., Sunday-Monday, Wednesday-Saturday
- Dinner: 5-10 p.m., Sunday-Monday, Wednesday-Saturday ■

River Bar and Lounge \$\$\$

- A Classic-Style Brasserie
- Lunch: 11 a.m.-5 p.m., Monday-Tuesday, Friday-Sunday
- To-Go: 5-6:30 p.m., Monday-Tuesday, Friday-Sunday
- Dinner: 5-10 p.m., Monday-Tuesday, Friday-Sunday
- Bar: 11 a.m.-12 a.m., Monday-Tuesday, Friday-Saturday 11 a.m.-11 p.m., Sunday
- Late Night Bites: 10-11 p.m., Monday-Tuesday, Friday-Sunday
- Sunday Brunch: 11 a.m.-3 p.m. ■ L
- Sunday Lite-Bites: 3-5 p.m.

In-Room Dining

- 6 a.m.-1 a.m., daily

The Solarium

- Complimentary morning coffee: 6-10 a.m.
- Afternoon refreshments: 3-5 p.m.

SEA ISLAND BEACH CLUB

Southern Tide \$\$\$

- Beachfront, offering fresh and local seafood
- Lunch: 11 a.m.-3 p.m., Tuesday-Sunday
- Lite Bites: 3-5 p.m., Tuesday-Sunday
- To-Go: 5-6:30 p.m., Tuesday-Saturday
- Dinner: 5-9 p.m., Tuesday-Saturday ■

Sea Strike & Pub \$

- Bowling, Beverages, and Lite Bites
- 2-9 p.m., Monday-Wednesday
- 12-9 p.m., Friday-Sunday
- To-Go: 5-6:30 p.m., Monday-Wednesday, Friday-Sunday

Snack Shack \$

- A Casual Poolside Café
- 11 a.m.-3 p.m., daily

Wonderland \$\$

- Breakfast: 8-11 a.m., daily
- Sweets and Treats: 3:30-6 p.m., Monday-Thursday 12-8 p.m., Friday-Saturday 12-6 p.m., Sunday

Beach Bar \$

- 11 a.m.-5 p.m., Monday-Thursday 11 a.m.-7 p.m., Friday-Sunday
- Weather dependent*

THE LODGE

Colt & Alison \$\$\$\$

- A Southern-Inspired Steak House
- Dinner: 5-9 p.m., Thursday-Saturday R

Oak Room \$\$\$

- An Oceanfront Tavern with Golf Course Views
- Breakfast: 7-10:30 a.m., daily
- Lunch: 11:30 a.m.-2:30 p.m., daily
- Lite-Bite Menu: 2:30-5 p.m., daily
- To-Go: 5-6:30 p.m., daily
- Dinner: 5-10 p.m., daily
- Sunday Brunch: 11:30 a.m.-2:30 p.m., à la carte

Men's Locker Room \$

- Lunch: 11 a.m.-3 p.m., daily
- Beverages: 11 a.m.-7 p.m., daily

Pool and Pool House at The Lodge \$

- An oceanfront spot for easy, poolside bites
- Breakfast: 7-11 a.m., daily
- Lunch: 11 a.m.-5 p.m., daily
- Grab-n-Go: 7 a.m.-dusk, daily
- Pool Service: 11 a.m.-5 p.m., daily
- Weather dependent*

In-Room Dining

- 6 a.m.-1 a.m., daily

THE MARKET

- Local Mercantile and Deli Café
- 8 a.m.-5 p.m., Monday-Saturday
- Breakfast: 8-10:30 a.m.
- Made-To-Order Sandwiches: 10:30 a.m.-3 p.m.

TOPGOLF SWING SUITE BAR

- 5-10 p.m., daily

- *Reservations recommended.*
- R *Reservations required.*
- L *Live Music.*

RESORT DRESS CODE & CANCELLATION POLICY

Dress Code for The Cloister: Tavola, River Bar, and Cloister Breakfast

Before 5 p.m., casual attire is acceptable. Tank tops and swim attire are not permitted.

After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim is acceptable. Tank tops and swim and fitness attire are not permitted.

Dress Code for Southern Tide and Sea Strike & Pub

All Day: Casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover-ups and footwear are required. Socks required to bowl.

Dress Code for The Lodge: Oak Room and Men's Locker Room

Before 5 p.m., casual attire is acceptable. Tank tops and swim attire are not permitted.

After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim and bermuda shorts are acceptable. Tank tops, swim and fitness attire are not permitted.

Dress Code for Colt & Alison

A collared shirt, slacks or well-kept denim, and closed-toed shoes is required for gentlemen and boys over eight. Jackets are recommended, but not required. Cocktail attire is recommended for ladies.

Appropriate Hat Wear: Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in outdoor bar venues. Women are permitted to wear venue-appropriate hats and caps, e.g., athletic caps, prior to 5 p.m., and dressier hats before or after 5 p.m.

Face Coverings: We encourage guests who are not fully vaccinated to wear face coverings.

Dress Code for Activities: The dress code varies throughout Recreation. The view, [click here](#).

Resort Cancellation Policy:

VIEW
CANCELLATION POLICIES

- Restaurant reservations will be honored for a maximum of 15 minutes after the reserved time. After the additional 15 minutes have passed, the table will be released, and your party will be placed on the list to be seated at the next available table.

HOURS OF OPERATION

COASTAL EXPERIENCE CENTER

Daily, 9 a.m.-5 p.m.

COTTAGE RENTALS

Daily, 8:30 a.m.-6 p.m.

FITNESS CENTER

Monday-Friday, 6 a.m.-7 p.m.
Saturday-Sunday, 7 a.m.-6 p.m.

GOLF PRO SHOP AT RETREAT

Daily, 7 a.m.-6 p.m.

GOLF PRO SHOP AT THE LODGE

Daily, 7 a.m.-7 p.m.

GOLF PERFORMANCE CENTER

Daily, 8 a.m.-6 p.m.

PEDAL BIKE SHOP AND SEA ISLAND CARTS

Daily, 9 a.m.-5 p.m., weather permitting

PETER MILLAR COLLECTION

Daily, 10 a.m.-6 p.m.

SEA ISLAND PROPERTIES

Monday-Saturday, 9 a.m.-5 p.m., Sunday, 1-5 p.m.

SEA ISLAND KIDS' SHOP

Daily, 9 a.m.-5 p.m.

SEA STRIKE & PUB

Monday-Wednesday, 2-10 p.m.
Friday-Sunday, 12-10 p.m.

SHOOTING SCHOOL

Daily, 9 a.m.-5 p.m.

SPA, SALON, AND SPATIQUE

Monday-Saturday, 9 a.m.-6 p.m.
Sunday, 10 a.m.-6 p.m.

SURF SHOP AT SEA ISLAND BEACH CLUB

Daily, 9 a.m.-6 p.m.

THE CLOISTER TENNIS CENTER

Monday-Saturday, 9 a.m.-5 p.m.

THE SEA ISLAND SHOP AT THE CLOISTER

Daily, 9 a.m.-6 p.m.

TOPGOLF SWING SUITE AT THE INN

Daily, 7 a.m.-10 p.m.