



**THIS WEEK AT**  
*Sea Island*  
**January 16-23, 2022**

Programs and restaurants may have limited availability, and certain offerings in this guide may change.

**WEEKLY GUIDE TO RECREATION, ENTERTAINMENT AND DINING**

Reservations are required for most events and activities by 5 p.m. day prior. Programs not requiring reservations are noted with "▲."  
Please refer to the Planning Guide for activity details and prices.

**For Dining and Most Activity Reservations:**  
Resort Guests—(912) 638-5111 or ext. 5111  
Cottage Guests—(912) 634-4343  
Exclusive Resorts Guests—(912) 634-3957  
Sea Island Club Members—(912) 634-4444

**For Broadfield Reservations:**  
(912) 510-0030  
**For Equestrian Reservations:**  
(912) 434-4760

**For Golf Performance Center Reservations:**  
(912) 638-5119

**PROGRAMS OFFERED DAILY BY APPOINTMENT**

**BROADFIELD**

- Sporting Clay Course
- Quail Hunts
- Scheduled Pheasant Shoots
- Squirrel Hunts
- The Falconry Experience
- 5-Stand, Rifle, and Pistol Ranges

**COASTAL EXPERIENCE CENTER**

- Inshore and Nearshore Fishing Trips
- Kids' Family Fishing
- Salt Marsh Nature Tours

**GOLF PERFORMANCE CENTER**

- Private Lessons

**NATURE CENTER**

- Jekyll Island Eco Tour

**RAINBOW ISLAND**

**WATER SPORTS DOCK**

- Guided Hobie Kayak Fishing
- Family Salt Marsh Kayaking Tour at Rainbow Island
- Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island

**THE CLOISTER TENNIS CENTER**

- Private Lessons and Custom Clinics

SUNDAY, JANUARY 16

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

9 a.m. Sunday Service in The Cloister Chapel

Beach Horseback Ride

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour  
Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

10 a.m. Family Salt Marsh Kayaking Tour at  
Rainbow Island

11 a.m. Beach Horseback Ride

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Family Salt Marsh Kayaking Tour at  
Rainbow Island

Beach Horseback Ride

1:30 p.m. Marsh Horseback Ride at Rainbow Island

2-10 p.m. Bowling in Sea Strike & Pub

5-6 p.m. ▲ Bagpiper at The Lodge

MONDAY, JANUARY 17

6:15 a.m. Cycle Sculpt Fitness Class

7 a.m.-10 p.m. Topgolf Swing Suite open at The Inn

8:15 a.m. Total-Body Strength

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Birding Tour on Golf Cart

Cycle Sculpt and Roll Fitness Class

Intro to Clay Target Shooting

Beach Horseback Ride

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and  
3-Hour Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island  
Camp Cloister

10 a.m. Energizing Morning Flow Fitness Class

Family Salt Marsh Kayaking Tour at  
Rainbow Island

Pilates Reformer Class

11 a.m. Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11:15 a.m. Barre Class

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Family Salt Marsh Kayaking Tour at  
Rainbow Island

1 p.m. Beach Horseback Ride

1:30 p.m. Beginner's Archery

Marsh Horseback Ride at Rainbow Island

2-10 p.m. Bowling in Sea Strike & Pub

2:30 p.m. The Cloister Hotel Walking Tour

4 p.m. Restorative Stretch Fitness Class

5-6 p.m. ▲ Bagpiper at The Lodge

5:30 p.m. Evening Stretch Fitness Class

6-9 p.m. ▲ Live Music in the Colonial Lounge  
with Jackie Monroe

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TUESDAY, JANUARY 18

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8 a.m. Oak Walk Rise and Shine

8:15 a.m. Straight Up Circuit Fitness Class

8:30 a.m. Aqua Fit at the Fitness Center

Intermediate Yoga

9 a.m. Coastal Wildlife Bike Tour

Gardens and Grounds Golf Cart Tour

Beach Horseback Ride

Indoor Cycle Fitness Class

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

[Camp Cloister](#)

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Strength and Stretch Fitness Class

Pilates Reformer Class

11 a.m. [Sea Island Junior Naturalist](#)

Beach Horseback Ride

11:15 a.m. Pilates Reformer Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

1 p.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Beach Horseback Ride

[Fish Dissection and Dock Fishing](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2 p.m. [Coastal Encounters](#)

2-10 p.m. [Bowling in Sea Strike & Pub](#)

3 p.m. [Salt Marsh Dolphin Tour](#)

3:30 p.m. [Under-the-Sea Workshop](#)

5-6 p.m. ▲ [Bagpiper at The Lodge](#)

WEDNESDAY, JANUARY 19

6:15 a.m. Wake-Up Call Fitness Class

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8:15 a.m. Total-Body Strength Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Jekyll Island Eco Tour

Birding Tour on Golf Cart

Beach Horseback Ride

Cycle Release Fitness Class

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

[Camp Cloister](#)

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Hawk Walk at Rainbow Island

Pilates Reformer Class

Energizing Morning Flow Fitness Class

Strength and Stretch Fitness Class

11 a.m. Annie Oakley Shooting Hour for Ladies

Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11:15 a.m. Barre Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

1 p.m. Beach Horseback Ride

[Family Salt Marsh Kayaking Tour at Rainbow Island](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

[Beginners's Archery](#)

2 p.m. Air Rifle Bull's Eye Hour

3 p.m. [Raptors and Reptiles](#)

4 p.m. Restorative Stretch Fitness Class

5-6 p.m. ▲ [Bagpiper at The Lodge](#)

5:30 p.m. Evening Stretch Fitness Class

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THURSDAY, JANUARY 20

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8:15 a.m. Straight Up Circuit Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

Intermediate Yoga

9 a.m. Coastal Wildlife Bike Tour

Intro to Clay Target Shooting

Cycle Sculpt and Roll Fitness Class

Beach Horseback Ride

Pilates Reformer, Tower and Mat Mix Class

Heated Yoga

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour  
Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)  
[Camp Cloister](#)

10 a.m. [Family Salt Marsh Kayaking Tour at](#)  
[Rainbow Island](#)

Strength and Stretch Fitness Class

Pilates Reformer Class

11 a.m. Beach Horseback Ride

[Sea Island Junior Naturalist](#)

11:15 a.m. Pilates Reformer Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

1 p.m. [Family Salt Marsh Kayaking Tour at](#)  
[Rainbow Island](#)

Beach Horseback Ride

[Fish Dissection and Dock Fishing](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2 p.m. [Coastal Encounters Nature Program](#)

3 p.m. [Salt Marsh Dolphin Tour](#)

5-6 p.m. ▲ [Bagpiper at The Lodge](#)

6-9 p.m. ▲ [Live Music in the Colonial Lounge](#)  
[with Jackie Monroe](#)

FRIDAY, JANUARY 21

6:15 a.m. Wake-Up Call Fitness Class

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8:15 a.m. Total-Body Strength Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Jekyll Island Eco Tour

Birding Tour on Golf Cart

Beach Horseback Ride

Indoor Cycle Fitness Class

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour  
Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)  
[Camp Cloister](#)

10 a.m. [Family Salt Marsh Kayaking Tour at](#)  
[Rainbow Island](#)

Pilates Reformer Cardio Mix

Energizing Morning Flow Fitness Class

Strength and Stretch Fitness Class

10:30 a.m. Homes and History Bike Tour

11 a.m. Beach Horseback Ride

11:15 a.m. Barre Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

12 p.m. Kayak Shore Lunch

12-10 p.m. [Bowling in Sea Strike & Pub](#)

1 p.m. Beach Horseback Ride

[Family Salt Marsh Kayaking Tour at](#)  
[Rainbow Island](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2 p.m. Air Rifle Bull's Eye Hour

2:30 p.m. [The Cloister Hotel Walking Tour](#)

3:30 p.m. [Under-the-Sea Workshop](#)

4 p.m. [Targets for Teens](#)

5-6 p.m. ▲ [Bagpiper at The Lodge](#)

6-9 p.m. ▲ [Live Music in the Colonial Lounge](#)  
[with Jackie Monroe](#)

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SATURDAY, JANUARY 22

**7 a.m.-10 p.m.** Topgolf Swing Suite Open at The Inn

**8:30 a.m.** Weekend Flow and Unwind Yoga

**9 a.m.** Coastal Wildlife Bike Tour

Indoor Cycle Fitness Class

Beach Horseback Ride

Pilates Reformer Class

**9 a.m.-5 p.m.** Guided Kayak Fishing 2- and 3-Hour

Tour at Rainbow Island

**9:30 a.m.** Marsh Horseback Ride at Rainbow Island

Camp Cloister

**10 a.m.** Family Salt Marsh Kayaking Tour at Rainbow Island

Pilates Reformer Cardio Mix

Hawk Walk at Rainbow Island

Energizing Morning Flow Fitness Class

Hard "Core" Fitness Class

**11 a.m.** Beach Horseback Ride

Marsh Habitat and Wildlife Walk

**11:30 a.m.** Marsh Horseback Ride at Rainbow Island

**12-10 p.m.** Bowling in Sea Strike & Pub

**1 p.m.** Beach Horseback Ride

Family Salt Marsh Kayaking Tour at Rainbow Island

**1:30 p.m.** Marsh Horseback Ride at Rainbow Island

Beginner's Archery

**3 p.m.** Salt Marsh Dolphin Tour

**3:30 p.m.** Cookie Cutters

**5-6 p.m.** ▲ Bagpiper at The Lodge

**6-9 p.m.** ▲ Live Music in the Colonial Lounge with Jackie Monroe

SUNDAY, JANUARY 23

**7 a.m.-10 p.m.** Topgolf Swing Suite Open at The Inn

**9 a.m.** Sunday Service in The Cloister Chapel

Beach Horseback Ride

**9 a.m.-5 p.m.** Guided Kayak Fishing 2- and 3-Hour

Tour at Rainbow Island

**9:30 a.m.** Marsh Horseback Ride at Rainbow Island

**10 a.m.** Family Salt Marsh Kayaking Tour at Rainbow Island

**11 a.m.** Beach Horseback Ride

**11:30 a.m.** Marsh Horseback Ride at Rainbow Island

**12 p.m.** Kayak Shore Lunch

**1 p.m.** Family Salt Marsh Kayaking Tour at Rainbow Island

Beach Horseback Ride

**1:30 p.m.** Marsh Horseback Ride at Rainbow Island

**2-10 p.m.** Bowling in Sea Strike & Pub

**5-6 p.m.** ▲ Bagpiper at The Lodge

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# DINING GUIDE FOR JANUARY 16-23

*Hours of Operation are subject to change.*

THE CLOISTER	SEA ISLAND BEACH CLUB	THE LODGE	RETREAT
<p><b>Tavola</b> \$\$\$</p> <ul style="list-style-type: none"> <li>An Authentic Rustic Italian Eatery</li> <li>Breakfast: 7-11 a.m., daily</li> <li>To-Go: 5:30-6:30 p.m., daily</li> <li>Dinner: 5:30-9 p.m., daily ■</li> <li>Bar: 5:30-11 p.m., daily</li> </ul> <p><b>River Bar and Lounge</b> \$\$\$</p> <ul style="list-style-type: none"> <li>A Classic-Style Brasserie</li> <li>Lunch: 11 a.m.-5 p.m., daily</li> <li>To-Go: 5-6:30 p.m., daily</li> <li>Dinner: 5-10 p.m., daily</li> <li>Bar: 11 a.m.-12 a.m., Monday-Saturday 11 a.m.-11 p.m., Sunday</li> <li>Late Night Bites: 10-11 p.m., daily</li> <li>Sunday Brunch: 11 a.m.-3 p.m. ■ L</li> <li>Sunday Lite-Bites: 3-5 p.m.</li> </ul> <p><b>In-Room Dining</b></p> <ul style="list-style-type: none"> <li>6 a.m.-1 a.m., daily</li> </ul> <p><b>The Solarium</b></p> <ul style="list-style-type: none"> <li>Complimentary morning coffee: 6-10 a.m.</li> <li>Afternoon refreshments: 3-5 p.m.</li> </ul>	<p><b>Sea Strike &amp; Pub</b> \$</p> <ul style="list-style-type: none"> <li>Bowling and Beverages</li> <li>11 a.m.-10 p.m., daily</li> <li>To-Go: 5-6:30 p.m., daily</li> </ul> <p><b>Wonderland</b> \$\$</p> <ul style="list-style-type: none"> <li>8 a.m.-3 p.m., daily</li> </ul> <p><b>Southern Tide Bar</b> \$</p> <ul style="list-style-type: none"> <li>11 a.m.-3 p.m., Monday-Thursday</li> <li>11 a.m.-5 p.m., Friday-Sunday <i>Weather dependent</i></li> </ul> <p><b>Snack Shack</b> \$</p> <ul style="list-style-type: none"> <li>Lunch: 11 a.m.-3 p.m., daily</li> </ul>	<p><b>Oak &amp; Alison</b> \$\$\$</p> <ul style="list-style-type: none"> <li>An Oceanfront Tavern with Golf Course Views</li> <li>Breakfast: 7-10:30 a.m., daily</li> <li>Lunch: 11:30 a.m.-2:30 p.m., daily</li> <li>Lite-Bite Menu: 2:30-5 p.m., daily</li> <li>To-Go: 5-6:30 p.m., daily</li> <li>Dinner: 5-10 p.m., daily</li> <li>Sunday Brunch: 11:30 a.m.-2:30 p.m., à la carte</li> </ul> <p><b>Men's Locker Room</b> \$</p> <ul style="list-style-type: none"> <li>Lunch: 11 a.m.-3 p.m., daily</li> <li>Beverages: 11 a.m.-7 p.m., daily</li> </ul> <p><b>Pool and Halfway House</b> \$</p> <ul style="list-style-type: none"> <li>An oceanfront spot for easy, poolside bites</li> <li>Breakfast: 8-11 a.m., daily</li> <li>Lunch: 11 a.m.-3 p.m., daily</li> <li>Grab-n-Go: 8 a.m.-5 p.m., daily <i>Weather dependent</i></li> </ul> <p><b>In-Room Dining</b></p> <ul style="list-style-type: none"> <li>6 a.m.-1 a.m., daily</li> </ul>	<p><b>Davis Love Grill</b> \$\$</p> <ul style="list-style-type: none"> <li>A Casual Spot, with pub fare and sports action</li> <li>Snacks and Beverages: 9 a.m.-4 p.m., Tuesday-Sunday</li> </ul> <p><b>THE MARKET</b></p> <ul style="list-style-type: none"> <li>Local Mercantile and Deli Café</li> <li>8 a.m.-5 p.m., Tuesday-Saturday</li> <li>Breakfast: 8-10:30 a.m.</li> <li>Made-To-Order Sandwiches: 10:30 a.m.-3 p.m.</li> </ul> <p><b>TOPGOLF SWING SUITE BAR</b></p> <ul style="list-style-type: none"> <li>5-10 p.m., daily</li> </ul> <p>■ <i>Reservations recommended.</i> R <i>Reservations required.</i> L <i>Live Music.</i></p>

## RESORT DRESS CODE & CANCELLATION POLICY

### Dress Code for The Cloister: Tavola, River Bar, and Cloister Breakfast

**Before 5 p.m.**, casual attire is acceptable. Tank tops and swim attire are not permitted.

**After 5 p.m.**, a collared shirt is required for gentlemen. Well-kept denim is acceptable. Tank tops and swim and fitness attire are not permitted.

### Dress Code for Sea Strike & Pub

All Day: Casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover-ups and footwear are required. Socks required to bowl.

### Dress Code for The Lodge: Oak Room and Men's Locker Room

**Before 5 p.m.**, casual attire is acceptable. Tank tops and swim attire are not permitted.

**After 5 p.m.**, a collared shirt is required for gentlemen. Well-kept denim and bermuda shorts are acceptable. Tank tops, swim and fitness attire are not permitted.

**Appropriate Hat Wear:** Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in outdoor bar venues. Women are permitted to wear venue-appropriate hats and caps, e.g., athletic caps, prior to 5 p.m., and dressier hats before or after 5 p.m.

**Face Coverings:** We encourage guests who are not fully vaccinated to wear face coverings.

**Dress Code for Activities:** The dress code varies throughout Recreation. The view, [click here](#).

### Resort Cancellation Policy:

[VIEW CANCELLATION POLICIES](#)

• Restaurant reservations will be honored for a maximum of 15 minutes after the reserved time. After the additional 15 minutes have passed, the table will be released, and your party will be placed on the list to be seated at the next available table.

## HOURS OF OPERATION

### COASTAL EXPERIENCE CENTER

Daily, 9 a.m.-5 p.m.

### COTTAGE RENTALS

Daily, 8:30 a.m.-5 p.m.

### FITNESS CENTER

Monday-Friday, 6 a.m.-7 p.m.  
Saturday-Sunday, 7 a.m.-6 p.m.

### GOLF PRO SHOP AT RETREAT

Daily, 7 a.m.-6 p.m.

### GOLF PRO SHOP AT THE LODGE

Daily, 7 a.m.-7 p.m.

### GOLF PERFORMANCE CENTER

Daily, 8 a.m.-6 p.m.

### PEDAL BIKE SHOP AND SEA ISLAND CARTS

Daily, 9 a.m.-5 p.m., weather permitting

### PETER MILLAR COLLECTION

Daily, 10 a.m.-6 p.m.

### SEA ISLAND PROPERTIES

Monday-Saturday, 9 a.m.-5 p.m., Sunday, 1-5 p.m.

### SEA ISLAND KIDS' SHOP

Daily, 9 a.m.-5 p.m.

### SEA STRIKE & PUB

Daily, 11 a.m.-10 p.m.

### SHOOTING SCHOOL

Monday-Saturday, 9 a.m.-5 p.m.

### SPA, SALON, AND SPATIQUE

Monday-Saturday, 9 a.m.-6 p.m.

### SURF SHOP AT SEA ISLAND BEACH CLUB

Daily, 9 a.m.-5 p.m.

### THE CLOISTER TENNIS CENTER

Monday-Saturday, 9 a.m.-5 p.m.

### THE SEA ISLAND SHOP AT THE CLOISTER

Daily, 9 a.m.-6 p.m.

### TOPGOLF SWING SUITE AT THE INN

Daily, 7 a.m.-10 p.m.