



THIS WEEK AT
Sea Island
January 23-30, 2022

Programs and restaurants may have limited availability, and certain offerings in this guide may change.

WEEKLY GUIDE TO RECREATION, ENTERTAINMENT AND DINING

Reservations are required for most events and activities by 5 p.m. day prior. Programs not requiring reservations are noted with "▲."
Please refer to the Planning Guide for activity details and prices.

For Dining and Most Activity Reservations:
Resort Guests—(912) 638-5111 or ext. 5111
Cottage Guests—(912) 634-4343
Exclusive Resorts Guests—(912) 634-3957
Sea Island Club Members—(912) 634-4444

For Broadfield Reservations:
(912) 510-0030
For Equestrian Reservations:
(912) 434-4760

For Golf Performance Center Reservations:
(912) 638-5119

PROGRAMS OFFERED DAILY BY APPOINTMENT

BROADFIELD

- Sporting Clay Course
- Quail Hunts
- Scheduled Pheasant Shoots
- Squirrel Hunts
- The Falconry Experience
- 5-Stand, Rifle, and Pistol Ranges

COASTAL EXPERIENCE CENTER

- Inshore and Nearshore Fishing Trips
- Kids' Family Fishing
- Salt Marsh Nature Tours

GOLF PERFORMANCE CENTER

- Private Lessons

NATURE CENTER

- Jekyll Island Eco Tour

RAINBOW ISLAND

WATER SPORTS DOCK

- Guided Hobie Kayak Fishing
- Family Salt Marsh Kayaking Tour at Rainbow Island
- Stand-Up Paddleboarding Salt Marsh Nature Tour at Rainbow Island

THE CLOISTER TENNIS CENTER

- Private Lessons and Custom Clinics

SUNDAY, JANUARY 23

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

9 a.m. Sunday Service in The Cloister Chapel

Beach Horseback Ride

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour
Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

10 a.m. Family Salt Marsh Kayaking Tour at
Rainbow Island

11 a.m. Beach Horseback Ride

11 a.m.-10 p.m. Bowling in Sea Strike & Pub

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Family Salt Marsh Kayaking Tour at
Rainbow Island

Beach Horseback Ride

1:30 p.m. Marsh Horseback Ride at Rainbow Island

5-6 p.m. ▲ Bagpiper at The Lodge

MONDAY, JANUARY 24

6:15 a.m. Cycle Sculpt Fitness Class

7 a.m.-10 p.m. Topgolf Swing Suite open at The Inn

8:15 a.m. Total-Body Strength

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Birding Tour on Golf Cart

Cycle Sculpt and Roll Fitness Class

Intro to Clay Target Shooting

Beach Horseback Ride

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and
3-Hour Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

Camp Cloister

10 a.m. Energizing Morning Flow Fitness Class

Family Salt Marsh Kayaking Tour at
Rainbow Island

Pilates Reformer Class

11 a.m. Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11 a.m.-10 p.m. Bowling in Sea Strike & Pub

11:15 a.m. Barre Class

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Family Salt Marsh Kayaking Tour at
Rainbow Island

1 p.m. Beach Horseback Ride

1:30 p.m. Beginner's Archery

Marsh Horseback Ride at Rainbow Island

2:30 p.m. The Cloister Hotel Walking Tour

4 p.m. Restorative Stretch Fitness Class

5-6 p.m. ▲ Bagpiper at The Lodge

5:30 p.m. Evening Stretch Fitness Class

6-9 p.m. ▲ Live Music in the Colonial Lounge
with Jackie Monroe

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TUESDAY, JANUARY 25

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8 a.m. Oak Walk Rise and Shine

8:15 a.m. Straight Up Circuit Fitness Class

8:30 a.m. Aqua Fit at the Fitness Center

Intermediate Yoga

9 a.m. Coastal Wildlife Bike Tour

Gardens and Grounds Golf Cart Tour

Beach Horseback Ride

Indoor Cycle Fitness Class

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Strength and Stretch Fitness Class

Pilates Reformer Class

11 a.m. [Sea Island Junior Naturalist](#)

Beach Horseback Ride

11 a.m.-10 p.m. [Bowling in Sea Strike & Pub](#)

11:15 a.m. Pilates Reformer Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

1 p.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Beach Horseback Ride

Fish Dissection and Dock Fishing

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

2 p.m. [Coastal Encounters](#)

3 p.m. [Salt Marsh Dolphin Tour](#)

5-6 p.m. ▲ [Bagpiper at The Lodge](#)

WEDNESDAY, JANUARY 26

6:15 a.m. Wake-Up Call Fitness Class

7 a.m.-10 p.m. [Topgolf Swing Suite Open at The Inn](#)

8:15 a.m. Total-Body Strength Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Jekyll Island Eco Tour

Birding Tour on Golf Cart

Beach Horseback Ride

Cycle Release Fitness Class

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour Tour at Rainbow Island

9:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

Camp Cloister

10 a.m. [Family Salt Marsh Kayaking Tour at Rainbow Island](#)

Hawk Walk at Rainbow Island

Pilates Reformer Class

Energizing Morning Flow Fitness Class

Strength and Stretch Fitness Class

11 a.m. Annie Oakley Shooting Hour for Ladies

Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11 a.m.-10 p.m. [Bowling in Sea Strike & Pub](#)

11:15 a.m. Barre Class

11:30 a.m. [Marsh Horseback Ride at Rainbow Island](#)

1 p.m. Beach Horseback Ride

[Family Salt Marsh Kayaking Tour at Rainbow Island](#)

1:30 p.m. [Marsh Horseback Ride at Rainbow Island](#)

[Beginners' Archery](#)

2 p.m. Air Rifle Bull's Eye Hour

3 p.m. [Raptors and Reptiles](#)

4 p.m. Restorative Stretch Fitness Class

5-6 p.m. ▲ [Bagpiper at The Lodge](#)

5:30 p.m. Evening Stretch Fitness Class

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For Golf Performance Center Reservations:
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THURSDAY, JANUARY 27

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

8:15 a.m. Straight Up Circuit Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

Intermediate Yoga

9 a.m. Coastal Wildlife Bike Tour

Intro to Clay Target Shooting

Cycle Sculpt and Roll Fitness Class

Beach Horseback Ride

Pilates Reformer, Tower and Mat Mix Class

Heated Yoga

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour
Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

10 a.m. Family Salt Marsh Kayaking Tour at
Rainbow Island

Strength and Stretch Fitness Class

Pilates Reformer Class

11 a.m. Beach Horseback Ride

Sea Island Junior Naturalist

11 a.m.-10 p.m. Bowling in Sea Strike & Pub

11:15 a.m. Pilates Reformer Class

11:30 a.m. Marsh Horseback Ride at Rainbow Island

1 p.m. Family Salt Marsh Kayaking Tour at
Rainbow Island

1 p.m. Beach Horseback Ride

Fish Dissection and Dock Fishing

1:30 p.m. Marsh Horseback Ride at Rainbow Island

2 p.m. Coastal Encounters Nature Program

3 p.m. Salt Marsh Dolphin Tour

5-6 p.m. ▲ Bagpiper at The Lodge

6-9 p.m. ▲ Live Music in the Colonial Lounge
with Jackie Monroe

FRIDAY, JANUARY 28

6:15 a.m. Wake-Up Call Fitness Class

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

8:15 a.m. Total-Body Strength Fitness Class

8:30 a.m. Aqua Fit at the Beach Club

9 a.m. Jekyll Island Eco Tour

Birding Tour on Golf Cart

Beach Horseback Ride

Indoor Cycle Fitness Class

Heated Yoga

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour
Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

Camp Cloister

10 a.m. Family Salt Marsh Kayaking Tour at
Rainbow Island

Pilates Reformer Cardio Mix

Energizing Morning Flow Fitness Class

Strength and Stretch Fitness Class

10:30 a.m. Homes and History Bike Tour

11 a.m. Beach Horseback Ride

11 a.m.-10 p.m. Bowling in Sea Strike & Pub

11:15 a.m. Barre Class

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Beach Horseback Ride

Family Salt Marsh Kayaking Tour at
Rainbow Island

Fish Dissection and Dock Fishing

1:30 p.m. Marsh Horseback Ride at Rainbow Island

2:30 p.m. The Cloister Hotel Walking Tour

3:30 p.m. Under-the-Sea Workshop

4 p.m. Targets for Teens

5-6 p.m. ▲ Bagpiper at The Lodge

6-9 p.m. ▲ Live Music in the Colonial Lounge
with Jackie Monroe

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SATURDAY, JANUARY 29

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

8:30 a.m. Weekend Flow and Unwind Yoga

9 a.m. Coastal Wildlife Bike Tour

Indoor Cycle Fitness Class

Beach Horseback Ride

Pilates Reformer Class

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour

Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

Camp Cloister

10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Pilates Reformer Cardio Mix

Hawk Walk at Rainbow Island

Energizing Morning Flow Fitness Class

Hard "Core" Fitness Class

11 a.m. Beach Horseback Ride

Marsh Habitat and Wildlife Walk

11 a.m.-10 p.m. Bowling in Sea Strike & Pub

11:30 a.m. Marsh Horseback Ride at Rainbow Island

1 p.m. Beach Horseback Ride

Family Salt Marsh Kayaking Tour at Rainbow Island

1:30 p.m. Marsh Horseback Ride at Rainbow Island

Beginner's Archery

3 p.m. Salt Marsh Dolphin Tour

3:30 p.m. Cookie Cutters

5-6 p.m. ▲ Bagpiper at The Lodge

6-9 p.m. ▲ Live Music in the Colonial Lounge with Jackie Monroe

SUNDAY, JANUARY 30

7 a.m.-10 p.m. Topgolf Swing Suite Open at The Inn

9 a.m. Sunday Service in The Cloister Chapel

Beach Horseback Ride

9 a.m.-5 p.m. Guided Kayak Fishing 2- and 3-Hour

Tour at Rainbow Island

9:30 a.m. Marsh Horseback Ride at Rainbow Island

10 a.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Hawk Walk at Rainbow Island

11 a.m. Beach Horseback Ride

11 a.m.-10 p.m. Bowling in Sea Strike & Pub

11:30 a.m. Marsh Horseback Ride at Rainbow Island

12 p.m. Kayak Shore Lunch

1 p.m. Family Salt Marsh Kayaking Tour at Rainbow Island

Beach Horseback Ride

1:30 p.m. Marsh Horseback Ride at Rainbow Island

5-6 p.m. ▲ Bagpiper at The Lodge

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DINING GUIDE FOR JANUARY 23-30

Hours of Operation are subject to change.

THE CLOISTER

Tavola \$\$\$

- An Authentic Rustic Italian Eatery
- Breakfast: 7-11 a.m., Sunday, Tuesday-Saturday
- To-Go: 5-6:30 p.m., daily
- Dinner: 5:30-9 p.m., daily
 - Bar: 5:30-11 p.m., Monday-Tuesday, Friday-Sunday
- Bar: 2-11 p.m., Wednesday-Thursday ■

River Bar and Lounge \$\$\$

- A Classic-Style Brasserie
- Lunch: 11 a.m.-5 p.m., Monday-Wednesday, Friday-Saturday
- To-Go: 5-6:30 p.m., Monday-Wednesday, Friday-Sunday
- Dinner: 5-10 p.m., Monday-Wednesday, Friday-Sunday
- Bar: 11 a.m.-12 a.m., Monday-Wednesday, Friday-Saturday
- Late Night Bites: 10-11 p.m., Monday-Wednesday, Friday-Saturday
- Sunday Brunch: 11 a.m.-3 p.m. ■ L
- Sunday Lite-Bites: 3-5 p.m.

Georgian Room \$\$\$

- Breakfast: 7-11 a.m., Monday

THE CLOISTER

In-Room Dining

- 6 a.m.-1 a.m., daily

The Solarium

- Complimentary morning coffee: 6-10 a.m.
- Afternoon refreshments: 3-5 p.m.

SEA ISLAND BEACH CLUB

Sea Strike & Pub \$

- Bowling and Beverages
- 11 a.m.-10 p.m., daily
- To-Go: 5-6:30 p.m., daily

Wonderland \$\$

- 8 a.m.-3 p.m., daily

Southern Tide Bar \$

- 11 a.m.-3 p.m., Monday-Thursday
- 11 a.m.-5 p.m., Friday-Sunday
- Weather dependent*

Snack Shack \$

- Lunch: 11 a.m.-3 p.m., daily

THE LODGE

Oak & Alison \$\$\$

- An Oceanfront Tavern with Golf Course Views
- Breakfast: 7-10:30 a.m., daily
- Lunch: 11:30 a.m.-2:30 p.m., daily
- Lite-Bite Menu: 2:30-5 p.m., daily
 - To-Go: 5-6:30 p.m., daily
 - Dinner: 5-10 p.m., daily
 - Sunday Brunch: 11:30 a.m.-2:30 p.m., à la carte

Men's Locker Room \$

- Lunch: 11 a.m.-3 p.m., daily
- Beverages: 11 a.m.-7 p.m., daily

Pool and Halfway House \$

- An oceanfront spot for easy, poolside bites
- Breakfast: 8-11 a.m., daily
- Lunch: 11 a.m.-3 p.m., daily
- Grab-n-Go: 8 a.m.-5 p.m., daily
- Weather dependent*

In-Room Dining

- 6 a.m.-1 a.m., daily

RETREAT

Davis Love Grill \$\$

- A Casual Spot, with pub fare and sports action
- Snacks and Beverages: 9 a.m.-4 p.m., Tuesday-Sunday

THE MARKET

- Local Mercantile and Deli Café
- 8 a.m.-5 p.m., Tuesday-Saturday
- Breakfast: 8-10:30 a.m.
- Made-To-Order Sandwiches: 10:30 a.m.-3 p.m.

TOPGOLF SWING SUITE BAR

- 5-10 p.m., daily

- *Reservations recommended.*
- R *Reservations required.*
- L *Live Music.*

RESORT DRESS CODE & CANCELLATION POLICY

Dress Code for The Cloister: Tavola, River Bar, and Cloister Breakfast

Before 5 p.m., casual attire is acceptable. Tank tops and swim attire are not permitted.

After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim is acceptable. Tank tops and swim and fitness attire are not permitted.

Dress Code for Sea Strike & Pub

All Day: Casual, dry beach or swim attire is acceptable. Shirts, swimsuit cover-ups and footwear are required. Socks required to bowl.

Dress Code for The Lodge: Oak Room and Men's Locker Room

Before 5 p.m., casual attire is acceptable. Tank tops and swim attire are not permitted.

After 5 p.m., a collared shirt is required for gentlemen. Well-kept denim and bermuda shorts are acceptable. Tank tops, swim and fitness attire are not permitted.

Appropriate Hat Wear: Gentlemen's hats and caps are not permitted in any of the indoor dining or bar venues. Gentlemen are permitted to wear hats in outdoor bar venues. Women are permitted to wear venue-appropriate hats and caps, e.g., athletic caps, prior to 5 p.m., and dressier hats before or after 5 p.m.

Face Coverings: We encourage guests who are not fully vaccinated to wear face coverings.

Dress Code for Activities: The dress code varies throughout Recreation. The view, [click here](#).

Resort Cancellation Policy:

VIEW CANCELLATION POLICIES

- Restaurant reservations will be honored for a maximum of 15 minutes after the reserved time. After the additional 15 minutes have passed, the table will be released, and your party will be placed on the list to be seated at the next available table.

HOURS OF OPERATION

COASTAL EXPERIENCE CENTER

Daily, 9 a.m.-5 p.m.

COTTAGE RENTALS

Daily, 8:30 a.m.-5 p.m.

FITNESS CENTER

Monday-Friday, 6 a.m.-7 p.m.
Saturday-Sunday, 7 a.m.-6 p.m.

GOLF PRO SHOP AT RETREAT

Daily, 7 a.m.-6 p.m.

GOLF PRO SHOP AT THE LODGE

Daily, 7 a.m.-7 p.m.

GOLF PERFORMANCE CENTER

Daily, 8 a.m.-6 p.m.

PEDAL BIKE SHOP AND SEA ISLAND CARTS

Daily, 9 a.m.-5 p.m., weather permitting

PETER MILLAR COLLECTION

Daily, 10 a.m.-6 p.m.

SEA ISLAND PROPERTIES

Monday-Saturday, 9 a.m.-5 p.m., Sunday, 1-5 p.m.

SEA ISLAND KIDS' SHOP

Daily, 9 a.m.-5 p.m.

SEA STRIKE & PUB

Daily, 11 a.m.-10 p.m.

SHOOTING SCHOOL

Monday-Saturday, 9 a.m.-5 p.m.

SPA, SALON, AND SPATIQUE

Monday-Saturday, 9 a.m.-6 p.m.

SURF SHOP AT SEA ISLAND BEACH CLUB

Daily, 9 a.m.-5 p.m.

THE CLOISTER TENNIS CENTER

Monday-Saturday, 9 a.m.-5 p.m.

THE SEA ISLAND SHOP AT THE CLOISTER

Daily, 9 a.m.-6 p.m.

TOPGOLF SWING SUITE AT THE INN

Daily, 7 a.m.-10 p.m.